

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Midget****16 Advance: Top 1 Each Heat plus Next 7 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Alex Hurd	Blakelock	13.14Q	5
2 Samantha Lessick	Bateman	13.60Q	1
3 Naomie Baptiste	Cathedral	13.62Q	2
4 Mide Oriyomi	Kings Christian	13.66Q	9 13.651
5 Tinu Okotore	Kings Christian	13.76Q	4
6 Emily Morden	Burlington Central	13.89Q	3
7 Zainab Salami	Kings Christian	13.99Q	7
8 Anisa Shafei	Dr Frank J H	14.02Q	6
9 Naomi Iluyomade	Bishop Reding	14.72Q	8 14.719
10 Mirella Giraldo	Brebeuf	13.65q	1
11 Nicole Carson	St. Mary's	13.66q	2 13.657
12 Maddy Bergsma	Kings Christian	13.71q	9
13 Jennifer Parsons	Christ the King	14.03q	5
14 Alexa Nantsa	Jean Vanier	14.10q	4
15 Jadya Goncalves	Christ the King	14.17q	7
16 Tashiya Halahackone	Bishop Reding	14.25q	4
17 Julia DiFederico	Bishop Tonnos	14.29	1
18 Larissa Soto	Nelson	14.33	3
19 Tori-Ann Campbell	Jean Vanier	14.35	1
20 Nicole Brown	Craig Kielburger	14.43	1
21 Alyssa Giantsopulos	Christ the King	14.60	6
22 Mara MacAlpine	Aquinas	14.72	3 14.715
23 Kaelyn Perisic	Aldershot	14.76	5
24 Emily Guibao	Brebeuf	14.82	3
25 Charlotte Mills	Cathedral	14.86	2
26 Jaida Douglas-Charles	Bishop Reding	14.94	9
27 Emma Bissonnette	Georgetown	14.98	6
28 Sydney Lee	Milton	15.05	9
29 Paulina Ulman	Jean Vanier	15.08	7
30 Madeleine Tomala	Aquinas	15.09	8
31 Jaden Pitt	Dr Frank J H	15.12	5
32 Tanya Nantsa	Jean Vanier	15.13	6
33 Catarina Da Silva	St. Thomas More	15.14	6
34 Julia McCartney	Bishop Ryan	15.17	6
35 Parmis Kahvaie-Zad	Iroquois Ridge	15.21	9
36 Helena Ziemer	Dr Frank J H	15.25	8 15.243
37 Kristen Akey	Oakville Trafalgar	15.25	2 15.244
38 Jocelyn Hart	Bishop Reding	15.31	8
39 Lauren Lombard	Loyola	15.33	9
40 Kayla Green	St. Thomas More	15.50	3
41 Farah Kiwan	Abbey Park	15.55	6
42 Alannah Best	St. Thomas More	15.69	4
43 Emily Young	Holy Trinity	15.87	2
44 Kayla Corry	Abbey Park	15.97	5
45 Elsa Tcheuyap	Esc Sainte-T	16.04	1
46 Claire Murphy	Holy Trinity	16.08	8
47 Claudia Rando	Iroquois Ridge	16.12	4
48 Jessica Nicoletti	Bishop Ryan	16.15	9
49 Fawziyah Ibrahim	M. M. Robinson	16.41	8
50 Yumna Afaq	Cardinal Newman	16.49	7

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**....Women 100 Meter Dash Midget**

51	Emily Swei	Oakville Trafalgar	16.64	3
52	Ayesha Dhir	M. M. Robinson	16.91	4
53	Jocelyn Karrys	Oakville Trafalgar	17.45	9
54	Ericka Mongrain Hewson	Esc Sainte-T	17.71	5

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Alex Hurd	Blakelock	13.01Q	1
2 Naomie Baptiste	Cathedral	13.23Q	2
3 Samantha Lessick	Bateman	13.29Q	2
4 Maddy Bergsma	Kings Christian	13.32Q	1
5 Mide Oriyomi	Kings Christian	13.39Q	1
6 Nicole Carson	St. Mary's	13.42Q	2
7 Mirella Giraldi	Brebeuf	13.68q	2
8 Tinu Okotore	Kings Christian	13.70q	1
9 Emily Morden	Burlington Central	13.72	2
10 Zainab Salami	Kings Christian	13.74	2
11 Anisa Shafei	Dr Frank J H	13.77	1
12 Jadya Goncalves	Christ the King	13.82	2
13 Tashiya Halahackone	Bishop Reding	13.95	1
14 Jennifer Parsons	Christ the King	14.01	1
15 Alexa Nantsa	Jean Vanier	14.22	2
16 Naomi Iluyomade	Bishop Reding	14.71	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Midget**

=====		
Name	Year School	Finals
=====		
Finals		
1 Alex Hurd	Blakelock	13.01
2 Samantha Lessick	Bateman	13.39
3 Mide Oriyomi	Kings Christian	13.40
4 Maddy Bergsma	Kings Christian	13.42
5 Mirella Giraldi	Brebeuf	13.43
6 Naomie Baptiste	Cathedral	13.45
7 Tinu Okotore	Kings Christian	13.46
8 Nicole Carson	St. Mary's	13.55

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Midget****16 Advance: Top 1 Each Heat plus Next 8 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Alex Hurd	Blakelock	26.79Q	8
2 Nia Ebos	St. Mary's	27.83Q	6
3 Naomie Baptiste	Cathedral	27.97Q	7
4 Emily Morden	Burlington Central	28.63Q	5
5 Larissa Soto	Nelson	29.10Q	4
6 Tashiya Halahackone	Bishop Reding	29.14Q	2
7 Rachel Moriarity	Brebeuf	29.17Q	3
8 Catarina Da Silva	St. Thomas More	30.15Q	1
9 Anisa Shafei	Dr Frank J H	28.87q	5
10 Tiena Neale	Kings Christian	28.88q	8
11 Julia DiFederico	Bishop Tonnos	29.02q	6
12 Jennifer Parsons	Christ the King	29.11q	5
13 Hannah Gillichan	Kings Christian	29.27q	2
14 Meagan Stager	Bishop Tonnos	29.38q	4
15 Alexa Nantsa	Jean Vanier	29.66q	2
16 Rachel Brown	Kings Christian	29.91q	3
17 Jaida Douglas-Charles	Bishop Reding	30.18	3
18 Nicole Brown	Craig Kielburger	30.19	8
19 Kaelyn Perisic	Aldershot	30.46	6
20 Naomi Iluyomade	Bishop Reding	30.49	5
21 Emily Cross	Loyola	30.53	4
22 Tara Collins	Dr Frank J H	30.64	5
23 Emma Bissonnette	Georgetown	30.66	7
24 Veronica Carvalho	Abbey Park	31.06	1
25 Paulina Ulman	Jean Vanier	31.11	6
26 Kayla Green	St. Thomas More	31.24	2
27 Sydney Lee	Milton	31.33	8
28 Maria Mihu	Bishop Reding	31.42	6
29 Alexandra Duke	Christ the King	31.51	1
30 Stephanie Cachia	Christ the King	31.64	3
31 Natally Widdis	Kings Christian	31.70	4
32 Tanya Nantsa	Jean Vanier	31.81	8
33 Julia McCartney	Bishop Ryan	31.86	2
34 Piper LaFayette	Oakville Trafalgar	32.06	7
35 Kelachi Nsitem	Garth Webb	32.13	8
36 Pearl Tsatsu	Bishop Ryan	32.14	2
37 Alexandra Ruetz	Oakville Trafalgar	32.66	3
38 Alexandra Lomovtseva	Abbey Park	32.85	2
39 Annie McKenzie	Oakville Trafalgar	33.03	4
40 Rhea Dutta	Dr Frank J H	33.44	3
41 Samar Akhtar	Pearson	34.03	1
42 Lexi Maharaj	Oakville Trafalgar	34.22	8
43 Leena Mahmood	Pearson	34.29	5
44 Yumna Afaq	Cardinal Newman	34.86	6
45 Savanna Bulick	M. M. Robinson	34.92	5
46 Charmaine Nonesa	St. Thomas More	35.39	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Alex Hurd	Blakelock	26.98Q	1
2 Nia Ebos	St. Mary's	27.23Q	2
3 Naomie Baptiste	Cathedral	28.20Q	2
4 Emily Morden	Burlington Central	28.41Q	1
5 Hannah Gillichan	Kings Christian	28.49Q	1
6 Rachel Moriarity	Brebeuf	28.92Q	2
7 Larissa Soto	Nelson	28.69q	1
8 Tiena Neale	Kings Christian	29.03q	2
9 Meagan Stager	Bishop Tonnos	29.11	2
10 Tashiya Halahackone	Bishop Reding	29.13	2
11 Julia DiFederico	Bishop Tonnos	29.19	2
12 Anisa Shafei	Dr Frank J H	29.25	1
13 Jennifer Parsons	Christ the King	29.33	1
14 Alexa Nantsa	Jean Vanier	29.54	2
15 Catarina Da Silva	St. Thomas More	29.92	1
16 Rachel Brown	Kings Christian	30.11	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Midget**

=====		
Name	Year School	Finals
=====		
Finals		
1 Alex Hurd	Blakelock	26.45
2 Nia Ebos	St. Mary's	27.25
3 Naomie Baptiste	Cathedral	28.16
4 Emily Morden	Burlington Central	28.35
5 Hannah Gillichan	Kings Christian	28.52
6 Tiena Neale	Kings Christian	28.63
7 Rachel Moriarity	Brebeuf	28.78
8 Larissa Soto	Nelson	28.88

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 400 Meter Dash Midget**

Name	Year School	Finals	H#
1 Madison Shakeshaft	Brebeuf	1:03.05	4
2 Samantha Lessick	Bateman	1:04.40	4
3 Meagan Stager	Bishop Tonnos	1:04.71	1
4 Brooke Playter	Craig Kielburger	1:05.85	2
5 Ava Clark	Kings Christian	1:06.34	2
6 Boluwatife Ademidun	Bishop Reding	1:06.56	4
7 Hilary MacGregor	Kings Christian	1:06.89	1
8 Julia DiFederico	Bishop Tonnos	1:07.64	1
9 Tiena Neale	Kings Christian	1:08.14	3
10 Jennifer Parsons	Christ the King	1:08.28	4
11 Claire Martins	Christ the King	1:08.57	3
12 Maddy Bergsma	Kings Christian	1:09.24	3
13 Brianne Woudstra	Christ the King	1:09.91	3
14 Kaelyn Perisic	Aldershot	1:09.97	4
15 Nicole Prudenciano	Bishop Reding	1:10.52	2
16 Yasmin Al-dojaily	Craig Kielburger	1:12.41	2
17 Jillian Wells	Bishop Ryan	1:14.92	3
18 Adriana Mabbott	Abbey Park	1:15.45	1
19 Alexandra Lomovtseva	Abbey Park	1:19.72	1
20 Carina Ciancio	Abbey Park	1:21.15	3
21 Maddy Roebuck	Christ the King	1:23.15	3
22 Jillian Trafford	Jean Vanier	1:35.00	4



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 800 Meter Run Midget**

Name	Year School	Finals	H#
1 Rachel Don-Wauchope	Oakville Trafalgar	2:34.99	1
2 Meagan Stager	Bishop Tonnos	2:35.92	1
3 Aya Shbeeb	Craig Kielburger	2:37.41	2
4 Posey O'Keefe	Kings Christian	2:39.70	1
5 Alison McLaughlin	Assumption	2:41.12	1
6 Ava Clark	Kings Christian	2:45.45	2
7 Sofia Devolder	Cathedral	2:54.86	2
8 Paige Messier	Nelson	2:55.00	2
9 Nicole Prudenciano	Bishop Reding	2:58.53	2
10 Vareena Marwaha	Garth Webb	3:00.07	2
11 Dianna Peschke	St. Thomas More	3:00.48	1
12 Tae-Lin Lee	St. Thomas More	3:01.88	1
13 Samar Akhtar	Pearson	3:01.97	1
14 Maria Mihu	Bishop Reding	3:05.41	2
15 Isha Patel	Garth Webb	3:06.30	2
16 Tia Pelrine	St. Thomas More	3:08.47	1
17 Gratiana Chen	Oakville Trafalgar	3:10.29	1
18 Imani Busby	Kings Christian	3:13.53	1
19 Rachel Smith	Pearson	3:14.75	1
20 Linna Luo	Pearson	3:23.04	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 1500 Meter Run Midget**

Name	Year School	Finals
1 Ashleigh Pattynama	Dr Frank J H	5:00.48
2 Abbey Maillet	St. Mary's	5:02.97
3 Rachel Don-Wauchope	Oakville Trafalgar	5:05.30
4 Posey O'Keefe	Kings Christian	5:13.20
5 Charlotte Barnes	Burlington Central	5:13.98
6 Aya Shbeeb	Craig Kielburger	5:27.25
7 Katie Schwindt	Blakelock	5:30.18
8 Alison McLaughlin	Assumption	5:32.09
9 Amy Mitchell	Dr Frank J H	5:42.80
10 Ava Clark	Kings Christian	5:46.77
11 Noor Toeama	Dr Frank J H	6:07.33
12 Dianna Peschke	St. Thomas More	6:19.30
13 Tae-Lin Lee	St. Thomas More	6:21.75
14 Morgan Ross	Oakville Trafalgar	6:22.60
15 Abby Watson	Oakville Trafalgar	6:23.72
16 Victoria Lobo	Bishop Reding	6:35.75
17 Tia Pelrine	St. Thomas More	6:48.91
18 Chiara Sagrott	Brebeuf	6:58.41
19 Kaillie Holland	Cathedral	7:26.33

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 3000 Meter Run Midget**

Name	Year School	Finals
1 Ashleigh Pattynama	Dr Frank J H	10:49.49
2 Rachel Don-Wauchope	Oakville Trafalgar	10:51.18
3 Abbey Maillet	St. Mary's	10:56.77
4 Charlotte Barnes	Burlington Central	11:36.25
5 Katie Schwindt	Blakelock	11:44.98
6 Posey O'Keefe	Kings Christian	12:06.24
7 Amy Mitchell	Dr Frank J H	12:32.31
8 Olivia Gardiner	Oakville Trafalgar	12:39.28
9 Bianca Vasile	Bishop Reding	12:50.49
10 Noor Toeama	Dr Frank J H	13:11.90
11 Madeleine Delanty	Bishop Reding	13:29.49
12 Victoria Lobo	Bishop Reding	13:48.07
13 Gratiana Chen	Oakville Trafalgar	14:47.67
-- Kaillie Holland	Cathedral	DNF

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 80 Meter Hurdles Midget**

Name	Year School	Finals	H#
1 Madison Shakeshaft	Brebeuf	12.71	2
2 Brooke Playter	Craig Kielburger	13.36	2
3 Amy Ecclestone	Blakelock	15.35	2
4 Nia Ebos	St. Mary's	15.90	2
5 Abby Burlison	Dr Frank J H	16.11	1
6 Charlotte Mills	Cathedral	16.41	2
7 Sofia Devolder	Cathedral	16.57	2
8 Katie Fitzpatrick	Bishop Reding	16.59	2
9 Piper LaFayette	Oakville Trafalgar	16.81	1
10 Farah Kiwan	Abbey Park	17.48	1
11 Jaden Pitt	Dr Frank J H	17.53	1
12 Lexi Maharaj	Oakville Trafalgar	17.63	1
13 Pearl Tsatsu	Bishop Ryan	20.42	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 300 Meter Hurdles Midget**

Name	Year School	Finals	H#
1 Madison Shakeshaft	Brebeuf	48.29	2
2 Brooke Playter	Craig Kielburger	49.95	2
3 Boluwatife Ademidun	Bishop Reding	50.29	2
4 Charlotte Mills	Cathedral	54.19	2
5 Grace Wade	Garth Webb	56.78	1
6 Sarah Inwood	St. Mary's	57.02	1
7 Veronica Carvalho	Abbey Park	59.56	2
8 Sofia Devolder	Cathedral	1:00.03	2
9 Adriana Mabbott	Abbey Park	1:03.21	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 4x100 Meter Relay Midget**

School	Finals	H#
1 Kings Christian 'A'	53.80	2
1) Mide Oriyomi	2) Laeticia Amihere	
3) Tiena Neale	4) Maddy Bergsma	
2 Brebeuf 'A'	53.86	3
1) Madison Shakeshaft	2) Mirella Giraldi	
3) Emily Guibao	4) Rachel Moriararity	
3 St. Mary's 'A'	53.88	3
1) Nicole Carson	2) Nia Ebos	
3) Abbey Maillet	4) Sarah Inwood	
4 Christ the King 'A'	55.61	3
1) Alexandra Duke	2) Alyssa Giantsopulos	
3) Jennifer Parsons	4) Jadya Goncalves	
5 Bishop Reding 'A'	56.04	3
1) Boluwatife Ademidun	2) Jaida Douglas-Charles	
3) Naomi Iluyomade	4) Tashiya Halahackone	
6 Jean Vanier Catholic S.S. 'A'	57.68	3
7 Craig Kielburger 'A'	57.78	3
1) Nicole Brown	2) Aya Shbeeb	
3) Alyssa Lane	4) Brooke Playter	
8 Dr Frank J Hayden SS 'A'	57.90	1
1) Anisa Shafei	2) Tara Collins	
3) Helena Ziemer	4) Jaden Pitt	
9 Loyola 'A'	59.20	2
10 Garth Webb 'A'	59.35	3
1) Carol-Ann Campbell	2) Lauren Wright	
3) Isabelle Hardy	4) Grace Wade	
11 Bishop Ryan 'A'	59.70	3
1) Jessica Nicoletti	2) Jillian Wells	
3) Julia McCartney	4) Pearl Tsatsu	
12 Cathedral 'A'	59.80	2
1) Naomie Baptiste	2) Kaillie Holland	
3) Charlotte Mills	4) Sofia Devolder	
13 Abbey Park 'A'	1:00.50	2
1) Kayla Corry	2) Shadin Al-Wahaidi	
3) Saleha Aouissi	4) Farah Kiwan	
14 Nelson 'A'	1:01.40	2
1) Olivia Baird	2) Hilliary Stevens	
3) Larissa Soto	4) Patricia Nunez	
15 Oakville Trafalgar 'A'	1:04.70	1
1) Piper LaFayette	2) Lexi Maharaj	
3) Annie McKenzie	4) Emily Swei	
16 Pearson 'A'	1:04.80	2
1) Samar Akhtar	2) Rebecca Hart	
3) Linna Luo	4) Leena Mahmood	
-- St. Thomas More 'A'	DQ	1 Zone 1

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Women High Jump Midget**

Name	Year	School	Finals
1 Boluwatife Ademidun		Bishop Reding	1.40m
1.15 1.20 1.25 1.30 1.35 1.40 1.42			
O O O O XO O XXX			
2 Sarah Inwood		St. Mary's	1.30m
1.15 1.20 1.25 1.30 1.35			
O O O XO XXX			
3 Katie Fitzpatrick		Bishop Reding	1.25m
1.15 1.20 1.25 1.30			
O O XO XXX			
4 Ana Peric		Christ the King	1.15m
1.15 1.20			
O XXX			
-- Emma Bissonnette		Georgetown	NH
1.15 1.20 1.25			
P P XXX			
-- Emily Guibao		Brebeuf	NH
1.15			
XXX			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Long Jump Midget**

Name	Year	School	Finals
1 Nia Ebos		St. Mary's	4.70m
4.56m 4.59m 4.44m 4.54m 4.53m 4.70m			
2 Nicole Carson		St. Mary's	4.42m
4.08m 4.26m 4.42m 4.31m FOUL 4.37m			
3 Natasa Micic		Garth Webb	4.41m
FOUL FOUL 4.09m FOUL FOUL 4.41m			
4 Emily Morden		Burlington Central	4.22m
FOUL 4.08m 4.22m FOUL 4.08m 4.02m			
5 Sarah Inwood		St. Mary's	4.19m
4.19m FOUL FOUL 3.94m FOUL 3.85m			
6 Amy Ecclestone		Blakelock	4.14m
4.14m 3.95m 3.97m			
7 Hilary MacGregor		Kings Christian	4.12m
FOUL 3.93m 4.12m FOUL 3.92m FOUL			
8 Tinu Okotore		Kings Christian	4.08m
4.04m 3.84m 4.08m 4.05m FOUL 3.89m			
9 Mia Iwasa		Craig Kielburger	4.03m
3.92m 4.03m 3.75m			
10 Maggie O'Neill		Acton	3.96m
3.96m 3.71m 3.92m			
11 Hilliary Stevens		Nelson	3.95m
FOUL 3.14m 3.95m			
12 Ava Shepherd		Dr Frank J H	3.94m
3.72m 3.94m 3.79m			
13 Hannah Gillichan		Kings Christian	3.87m
3.87m 2.24m FOUL			
14 Rhea Dutta		Dr Frank J H	3.78m
3.56m 3.63m 3.78m			
15 Parmis Kahvaie-Zad		Iroquois Ridge	3.75m
3.64m 3.72m 3.75m			
16 Helena Ziemer		Dr Frank J H	J3.75m
3.49m 3.67m 3.75m			
17 Annaleise Cogle		Garth Webb	3.73m
3.73m 3.62m 3.43m			
18 Anisa Shafei		Dr Frank J H	3.72m
FOUL 3.51m 3.72m			
19 Kaylan Taylor		Burlington Central	3.63m
3.58m 3.63m 3.59m			
20 Eden Buttigieg		Christ the King	3.58m
3.58m 3.31m 3.16m			
21 Ana Peric		Christ the King	3.54m
3.54m 3.50m FOUL			
22 Makayla Dee		Acton	3.53m
3.34m 3.53m FOUL			
23 Carina Ciancio		Abbey Park	J3.53m
3.53m x x			
24 Marianne Heino		Dr Frank J H	3.51m
3.51m 3.28m 3.48m			
25 Tia Pelrine		St. Thomas More	3.48m
FOUL FOUL 3.48m			
26 Erin Fenton		Acton	3.46m
3.46m 3.32m 2.90m			



**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**....Women Long Jump Midget**

27	Julia McCartney	Bishop Ryan	3.45m
	3.36m 3.45m FOUL		
28	Paulina Ulman	Jean Vanier	3.38m
	2.59m 2.80m 3.38m		
29	Catarina Da Silva	St. Thomas More	3.21m
	3.05m 3.21m 3.13m		
30	Ayesha Dhir	M. M. Robinson	3.19m
	3.19m FOUL 2.69m		
31	Sydney Lee	Milton	3.17m
	3.17m 2.93m 2.64m		
32	Kayla Corry	Abbey Park	3.12m
	2.75m 3.12m 2.85m		
33	Fawziyah Ibrahim	M. M. Robinson	3.11m
	3.02m 2.35m 3.11m		
34	Emily Young	Holy Trinity	2.98m
	2.85m 2.98m FOUL		
35	Camilla Gutierrez	Burlington Central	2.89m
	2.89m FOUL 2.72m		
36	Valentina Moros	Loyola	2.78m
	FOUL 2.78m 2.43m		
37	Claire Murphy	Holy Trinity	2.47m
	FOUL 2.47m 2.43m		
--	Naomi Iluyomade	Bishop Reding	FOUL
	FOUL x		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Triple Jump Midget**

Name	Year	School	Finals
1 Zainab Salami		Kings Christian	10.29m
10.29m 9.50m FOUL FOUL		9.51m FOUL	
2 Samantha Lessick		Bateman	8.49m
8.28m FOUL FOUL 8.33m		8.48m 8.49m	
3 Amy Ecclestone		Blakelock	8.44m
8.30m 7.84m 8.01m 8.15m		8.10m 8.44m	
4 Hilary MacGregor		Kings Christian	8.25m
8.09m 7.95m 8.09m 8.18m		7.78m 8.25m	
5 Maggie O'Neill		Acton	8.10m
7.84m 7.55m FOUL 7.82m		7.55m 8.10m	
6 Eden Buttigieg		Christ the King	7.96m
7.70m 7.96m 7.89m 7.95m		FOUL FOUL	
7 Alexandra Duke		Christ the King	7.82m
7.71m 7.70m FOUL 7.56m		7.82m 7.78m	
8 Makayla Dee		Acton	7.73m
7.20m 7.47m 7.73m 7.67m		7.73m 7.35m	
9 Ana Peric		Christ the King	7.46m
7.16m 7.46m 6.82m			
10 Tinu Okotore		Kings Christian	7.42m
7.05m 7.42m FOUL			
11 Hilliary Stevens		Nelson	7.41m
7.41m 7.00m FOUL			
12 Linna Luo		Pearson	7.12m
5.38m 5.80m 7.12m			
13 Erin Fenton		Acton	6.69m
6.69m 6.34m 5.38m			
-- Emily Guibao		Brebeuf	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Shot Put Midget**

Name	Year	School	Finals
1 Marija Stojkoska		Garth Webb	9.22m
8.41m 8.13m 7.93m 7.74m 8.97m 9.22m			
2 Marlee Weinerman		Nelson	8.67m
8.47m 8.40m 8.00m 8.02m 8.67m 8.15m			
3 Julia DeSantis		St. Thomas More	8.28m
6.35m 7.37m 8.28m 7.51m 7.52m 8.07m			
4 Mirella Giraldi		Brebeuf	8.16m
8.16m 8.16m 7.04m 7.21m 7.57m 7.55m			
5 Shadin Al-Wahaidi		Abbey Park	7.96m
6.95m FOUL 7.96m 7.63m 7.80m 7.47m			
6 Breann Downer		Assumption	7.90m
7.17m 7.85m 7.90m			
7 Jocelyn Hart		Bishop Reding	7.41m
6.26m 7.13m 7.41m			
8 Grace Farrington		Acton	7.10m
6.37m 6.64m 7.10m			
9 Ericka Mongrain Hewson		Esc Sainte-T	7.09m
7.09m 6.26m 6.93m			
10 Saleha Aouissi		Abbey Park	J7.09m
7.09m FOUL FOUL			
11 Elsa Tcheuyap		Esc Sainte-T	7.04m
5.76m 7.04m FOUL			
12 Abbey Maillet		St. Mary's	7.03m
7.03m 6.64m 6.76m			
13 Marianne Heino		Dr Frank J H	7.01m
7.01m 6.55m 6.85m			
14 Kinsley Bozzo		Brebeuf	6.91m
6.60m 6.91m FOUL			
15 Emily Sinclair		Abbey Park	6.32m
5.73m 6.32m 5.95m			
16 Heba Elneihoum		Pearson	6.09m
FOUL 6.09m 5.92m			
17 Imani Busby		Kings Christian	5.89m
5.89m 5.58m 4.76m			
18 Peyton Connolly		St. Thomas More	5.69m
5.69m FOUL FOUL			
19 Claudia Rando		Iroquois Ridge	5.52m
FOUL 5.24m 5.52m			
20 Camilla Gutierrez		Burlington Central	5.00m
5.00m FOUL 4.79m			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Women Discus Throw Midget**

Name	Year	School	Finals
1 Kinsley Bozzo		Brebeuf	25.23m
FOUL 21.07m 21.35m 24.69m 25.23m FOUL			
2 Amy Simunic		Bishop Ryan	22.66m
20.25m 21.76m 19.92m FOUL 21.50m 22.66m			
3 Danielle Stolte		Assumption	22.14m
FOUL 21.10m FOUL 18.17m 22.14m 21.85m			
4 Jocelyn Hart		Bishop Reding	20.21m
FOUL 20.21m 19.42m 16.57m 17.43m 18.88m			
5 Breann Downer		Assumption	19.72m
17.79m 15.94m FOUL 16.84m 19.72m 18.37m			
6 Peyton Connolly		St. Thomas More	17.50m
15.68m 16.39m 16.25m 15.37m 17.50m 16.94m			
7 Paige Messier		Nelson	15.82m
12.02m 15.53m 14.77m 15.00m 14.26m 15.82m			
8 Marlee Weinerman		Nelson	13.68m
12.22m 13.68m 12.05m FOUL 13.32m FOUL			
9 Claudia Rando		Iroquois Ridge	13.49m
13.49m 12.89m 11.34m			
10 Jessica Nicoletti		Bishop Ryan	12.94m
11.24m 12.94m FOUL			
11 Maariya Rao		Iroquois Ridge	8.56m
FOUL 8.56m FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Javelin Throw Midget**

Name	Year	School	Finals
1 Marianne Heino		Dr Frank J H	24.36m
FOUL 21.65m 18.00m	FOUL	24.36m 24.36m	
2 Claire Smith		Milton	22.31m
19.30m 20.05m 21.15m	19.92m	22.31m 20.67m	
3 Paige Messier		Nelson	22.25m
21.99m 21.86m 22.25m	21.88m	17.89m 19.99m	
4 Kinsley Bozzo		Brebeuf	21.99m
17.14m 18.09m 21.99m	20.51m	17.82m 20.19m	
5 Kaylan Taylor		Burlington Central	21.11m
FOUL 18.91m 17.45m	18.35m	21.11m 20.01m	
6 Alessandra Chiarot		St. Thomas More	19.12m
FOUL 18.30m 19.12m	13.00m	FOUL FOUL	
7 Breann Downer		Assumption	17.02m
17.02m FOUL 9.70m	FOUL	FOUL FOUL	
8 Marlee Weinerman		Nelson	16.65m
13.43m 16.65m 15.15m	14.70m	FOUL 13.54m	
9 Claire Martins		Christ the King	16.20m
14.59m 15.73m 16.20m			
10 Camilla Gutierrez		Burlington Central	16.09m
16.09m 15.05m 16.01m			
11 Saleha Aouissi		Abbey Park	16.07m
15.10m 16.07m 14.83m			
12 Amy Simunic		Bishop Ryan	15.92m
FOUL 15.92m 11.49m			
13 Brianne Woudstra		Christ the King	15.89m
15.89m 14.23m 12.90m			
14 Julia DeSantis		St. Thomas More	15.82m
FOUL FOUL 15.82m			
15 Grace Farrington		Acton	15.36m
FOUL 12.48m 15.36m			
16 Alexandra Lomovtseva		Abbey Park	15.29m
13.99m 15.11m 15.29m			
17 Emily Sinclair		Abbey Park	14.50m
FOUL 14.50m 12.65m			
18 Elsa Tcheuyap		Esc Sainte-T	14.09m
12.87m 14.09m FOUL			
19 Lara Akhavan		Abbey Park	13.82m
12.96m 11.80m 13.82m			
20 Hilliary Stevens		Nelson	9.91m
FOUL 9.91m FOUL			
-- Jaden Pitt		Dr Frank J H	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Junior****16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Sarah Fillier	Christ the King	13.11Q	4
2 Isabelle Caruana	Aquinas	13.33Q	6
3 Diana Aviles	Holy Trinity	13.38Q	5
4 Caitlin Rodgeron	Aldershot	13.40Q	7
5 Darena Choliy	Loyola	13.63Q	3
6 Gabriela Danilowski	Christ the King	13.83Q	1
7 Sydney Waddell	Dr Frank J H	13.88Q	2
8 Sabrina Bertussi	Nelson	13.44q	7
9 Elise Rougier	Blakelock	13.97q	3
10 Dania El Sammak	Iroquois Ridge	14.00q	6
11 Helena Nikitopoulos	Abbey Park	14.08q	4
12 Cheyenne Gibbs	Assumption	14.25q	1
13 Alexa Thring	Christ the King	14.34q	5
14 Naomi Lancia	Bishop Tonnos	14.36q	3
15 Vanessa Fortino	Bishop Tonnos	14.37q	4
16 Vonise Ryan	Dr Frank J H	14.40q	2
17 Macy Mazza	Cardinal Newman	14.44	2
18 Kamarine Scott	Bishop Reding	14.67	3
19 Janna Baskerville	Christ the King	14.71	4
20 Noureen Murray	Loyola	14.74	2
21 Angel McKenna	Assumption	14.83	3
22 Alex Magliocco	Bishop Tonnos	14.84	2
23 Brittni McCorquodale	Notre Dame	14.95	3
24 Vanessa Martinez	Assumption	14.96	7
25 Shaelynn Lancaster	Christ the King	15.02	2
26 Laiba Butt	Iroquois Ridge	15.09	4
27 Jordan Mende-Gibson	Craig Kielburger	15.10	5
28 Addyson Dyrreck	Loyola	15.38	7
29 Fatima Bab	St. Thomas More	15.44	5
30 Claire Hawkins	M. M. Robinson	15.57	6
31 Chinelo Yasin	St. Thomas More	15.81	1
32 Karolina Sromek	Bishop Ryan	15.85	2
33 Angelika Promny-Tavares	Assumption	15.88	4
34 Carly Bradshaw	Craig Kielburger	15.93	1
35 Rose Hematian	Dr Frank J H	16.01	2
36 Emily Houtby	Georgetown	16.10	6
37 Maria Jauslin	Aquinas	16.15	4
38 Monica Ngobila	St. Thomas More	17.11	5
39 Faith Kirabo	Assumption	17.31	3

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Isabelle Caruana	Aquinas	12.74Q	1
2 Sarah Fillier	Christ the King	13.00Q	2
3 Diana Aviles	Holy Trinity	12.92Q	1
4 Caitlin Rodgerson	Aldershot	13.22Q	2
5 Darena Choliy	Loyola	13.39Q	2
6 Sydney Waddell	Dr Frank J H	13.42Q	1
7 Sabrina Bertussi	Nelson	13.48q	2
8 Gabriela Danilowski	Christ the King	13.69q	1
9 Helena Nikitopoulos	Abbey Park	13.72	1
10 Naomi Lancia	Bishop Tonnos	13.82	1
11 Vanessa Fortino	Bishop Tonnos	13.86	1
12 Elise Rougier	Blakelock	14.08	2
13 Alexa Thring	Christ the King	14.12	2
14 Vonise Ryan	Dr Frank J H	14.15	2
15 Dania El Sammak	Iroquois Ridge	20.76	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Junior**

=====		
Name	Year School	Finals
=====		
Finals		
1 Isabelle Caruana	Aquinas	12.71
2 Sarah Fillier	Christ the King	12.97
3 Diana Aviles	Holy Trinity	13.17
4 Caitlin Rodgeron	Aldershot	13.36
5 Sabrina Bertussi	Nelson	13.37
6 Sydney Waddell	Dr Frank J H	13.39
7 Darena Choliy	Loyola	13.42
8 Gabriela Danilowski	Christ the King	13.93



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Junior****16 Advance: Top 1 Each Heat plus Next 12 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Kenna Hopkins	Dr Frank J H	27.27Q	3
2 Savanna Kent-Korell	Georgetown	27.34Q	1
3 Abby Egert	Dr Frank J H	28.16Q	2
4 Sabrina Bertussi	Nelson	28.24Q	4
5 Sydney Waddell	Dr Frank J H	27.72q	1
6 Carley Foster	St. Mary's	28.40q	1
7 Maddison Clarke	Georgetown	29.00q	3
8 Aoife Ghoulis	Burlington Central	29.53q	2
9 Maria Tshilolo Kabika	Bishop Reding	29.59q	2
10 Leah Creelman	Holy Trinity	29.79q	2
11 Stacy McGinnis	Christ the King	29.82q	3
12 Alex Magliocco	Bishop Tonnos	29.91q	4
13 Vonise Ryan	Dr Frank J H	30.37q	4
14 Noureen Murray	Loyola	30.50q	4
15 Peyton Wheatley	Aldershot	30.71q	4
16 Fatima Bab	St. Thomas More	30.84q	1
17 Kamarine Scott	Bishop Reding	30.94	3
18 Jordan Mende-Gibson	Craig Kielburger	31.55	1
19 Jaidyn Bryan	Bishop Reding	31.78	4
20 Emily Houtby	Georgetown	32.91	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Kenna Hopkins	Dr Frank J H	27.19Q	2
2 Savanna Kent-Korell	Georgetown	27.55Q	1
3 Sabrina Bertussi	Nelson	27.55Q	2
4 Abby Egert	Dr Frank J H	28.51Q	1
5 Sydney Waddell	Dr Frank J H	28.06Q	2
6 Carley Foster	St. Mary's	28.60Q	1
7 Maddison Clarke	Georgetown	29.17q	1
8 Maria Tshilolo Kabika	Bishop Reding	29.37q	2
9 Alex Magliocco	Bishop Tonnos	29.72	2
10 Vonise Ryan	Dr Frank J H	30.00	2
11 Noureen Murray	Loyola	30.01	1
12 Leah Creelman	Holy Trinity	30.31	1
13 Stacy McGinnis	Christ the King	30.64	1
14 Peyton Wheatley	Aldershot	30.69	1
15 Fatima Bab	St. Thomas More	30.69	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Junior**

=====		
Name	Year School	Finals
=====		
Finals		
1 Kenna Hopkins	Dr Frank J H	26.76
2 Savanna Kent-Korell	Georgetown	27.43
3 Sydney Waddell	Dr Frank J H	27.94
4 Abby Egert	Dr Frank J H	28.76
5 Maddison Clarke	Georgetown	28.93
6 Carley Foster	St. Mary's	29.59
7 Maria Tshilolo Kabika	Bishop Reding	29.59

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 400 Meter Dash Junior**

Name	Year School	Finals	H#
1 Nicole Parsons	Abbey Park	1:00.45	2
2 Savanna Kent-Korell	Georgetown	1:00.59	2
3 Mairin Boyle	Dr Frank J H	1:04.43	2
4 Lillian Pich	M. M. Robinson	1:05.86	1
5 Alex Magliocco	Bishop Tonnos	1:08.28	1
6 Sherecia Bangura	Cathedral	1:09.03	2
7 Stacy McGinnis	Christ the King	1:09.21	2
8 Erika Simmons	Dr Frank J H	1:10.15	1
9 Peyton Wheatley	Aldershot	1:10.80	1
10 Jaidyn Bryan	Bishop Reding	1:12.84	1
11 Darby Haverson	Burlington Central	1:13.54	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 800 Meter Run Junior**

Name	Year School	Finals	H#
1 Nicole Parsons	Abbey Park	2:32.41	2
2 Caitlin Everett	Loyola	2:39.71	2
3 Samantha Cairns	Bishop Tonnos	2:40.11	1
4 Lillian Pich	M. M. Robinson	2:40.66	1
5 Jenna Leslie	Nelson	2:42.87	2
6 Samantha Kesicki	M. M. Robinson	2:48.07	1
7 Emma Crosbie	Georgetown	2:48.52	2
8 Isabella Damjanovic	Bishop Tonnos	2:53.71	1
9 Julia Costantino	Notre Dame	2:54.98	2
10 Madeline Damjanovic	Bishop Tonnos	2:55.10	1
11 Natalie Mason	Notre Dame	2:56.09	2
12 Jenna Costantino	Notre Dame	2:57.54	2
13 Anne Lytle	Bateman	3:02.19	2
14 Vanessa Danylow	St. Thomas More	3:02.65	1
15 Vicky Li	Oakville Trafalgar	3:04.68	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 1500 Meter Run Junior**

Name	Year School	Finals
1 Bridget Ball	Iroquois Ridge	5:10.56
2 Samantha Cairns	Bishop Tonnos	5:26.82
3 Anne Lytle	Bateman	5:27.70
4 Hannah Smith	Milton	5:28.28
5 Jenna Leslie	Nelson	5:28.67
6 Emma Crosbie	Georgetown	5:28.81
7 Anna Zielinski	Dr Frank J H	5:46.98
8 Julia Costantino	Notre Dame	5:49.30
9 Samantha Kesicki	M. M. Robinson	5:49.81
10 Isabella Damjanovic	Bishop Tonnos	6:01.30
11 Madeline Damjanovic	Bishop Tonnos	6:04.73
12 Vicky Li	Oakville Trafalgar	6:34.59
13 Angela Wallace	Christ the King	7:05.38
14 Taijha Agho	Bishop Ryan	7:19.89
15 Aodet Georgees	St. Thomas More	7:31.55

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 3000 Meter Run Junior**

Name	Year School	Finals
1 Ella Kubas	Milton	11:05.15
2 Bridget Ball	Iroquois Ridge	11:11.54
3 Hannah Smith	Milton	12:09.35
4 Anne Lytle	Bateman	12:12.49
5 Emma Crosbie	Georgetown	12:22.44
6 Abey Ormond	Bishop Tonnos	13:28.55

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 80 Meter Hurdles Junior**

Name	Year School	Finals	H#
1 Sarah Fillier	Christ the King	13.32	3
2 Nicole Hopper	Burlington Central	13.70	2
3 Elise Rougier	Blakelock	14.32	3
4 Hannah Martin-Spencer	Dr Frank J H	14.88	3
5 Lauren Harrison	Christ the King	15.40	3
6 Angel Roque	Bishop Reding	15.45	3
7 Sherecia Bangura	Cathedral	16.04	2 16.034
8 Gabriela Danilowski	Christ the King	16.04	3 16.036
9 Abby Egert	Dr Frank J H	16.27	2
10 Maddison Clarke	Georgetown	16.90	3
11 Meaghan MacDonald	Christ the King	16.91	3
12 Danielle Lim	Oakville Trafalgar	16.98	2
13 Vanessa Fortino	Bishop Tonnos	17.06	1
14 Gabriella D'Amico	Oakville Trafalgar	17.17	2
15 Cleonice Battista	Blakelock	17.38	2
16 Karolina Sromek	Bishop Ryan	18.40	2
17 Angelika Promny-Tavares	Assumption	18.59	1



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 300 Meter Hurdles Junior**

Name	Year School	Finals	H#
1 Nicole Parsons	Abbey Park	48.33	2
2 Savanna Kent-Korell	Georgetown	48.36	2
3 Darena Choliy	Loyola	49.34	2
4 Terri Bugler	Nelson	50.19	2
5 Hannah Martin-Spencer	Dr Frank J H	52.56	2
6 Stacy McGinnis	Christ the King	54.40	2
7 Jaidyn Bryan	Bishop Reding	55.00	1
8 Sherecia Bangura	Cathedral	55.71	1
9 Samantha Cairns	Bishop Tonnos	56.69	1
10 Maria Tshilolo Kabika	Bishop Reding	58.27	1
11 Abby Egert	Dr Frank J H	1:00.72	1
12 Mary Gervais	Esc Sainte-T	1:02.33	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 4x100 Meter Relay Junior**

School	Finals	H#
1 Dr Frank J Hayden SS 'A'	51.49	2
1) Kenna Hopkins	2) Mairin Boyle	
3) Sydney Waddell	4) Hannah Martin-Spencer	
2 Blakelock 'A'	54.42	2
1) Emma Chau	2) Elise Rougier	
3) Amy Ecclestone	4) Alex Hurd	
3 Bishop Tonnos 'A'	54.98	1
1) Julia DiFederico	2) Vanessa Fortino	
3) Alex Magliocco	4) Naomi Lancia	
4 Christ the King 'A'	55.24	2
1) Stacy McGinnis	2) Gabriela Danilowski	
3) Alexa Thring	4) Sarah Fillier	
5 Holy Trinity 'A'	55.25	1
1) Fiorella Granda	2) Leah Creelman	
3) Sabrina Volkens	4) Diana Aviles	
6 Aquinas 'A'	56.19	1
1) Isabelle Caruana	2) Julia Schmid	
3) Madeleine Tomala	4) Gabriella Alfonsi	
7 Loyola 'A'	56.38	1
8 Assumption 'A'	57.42	2
1) Cheyenne Gibbs	2) Angel McKenna	
3) Vanessa Martinez	4) Angelika Promny-Tavares	
9 Bishop Reding 'A'	57.82	2
1) Kamarine Scott	2) Jaidyn Bryan	
3) Angel Roque	4) Maria Tshilolo Kabika	
10 St. Thomas More 'A'	59.54	1
11 Craig Kielburger 'A'	1:00.46	2
1) Jordan Sherman	2) Carly Bradshaw	
3) Yasmin Al-dojaily	4) Jordan Mende-Gibson	
-- Georgetown 'A'	DQ	2
1) Savanna Kent-Korell	2) Emma Bissonnette	
3) Maddison Clarke	4) Emily Houtby	

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Women High Jump Junior**

Name	Year	School	Finals
1 Katrina Kanbergs		Milton	1.45m
1.20 1.25 1.30 1.35 1.40 1.45			
O O O O O O			
2 Nicole Hopper		Burlington Central	1.40m
1.20 1.25 1.30 1.35 1.40 1.45			
O O O O XO XXX			
3 Brynnley Koene		Christ the King	J1.40m
1.20 1.25 1.30 1.35 1.40 1.45			
XO O O O XO XXX			
4 Terri Bugler		Nelson	1.35m
1.20 1.25 1.30 1.35 1.40			
O O XXO O XXX			
5 Grace Mazur		Brebeuf	1.30m
1.20 1.25 1.30 1.35			
XO XXO O XXX			
6 Magdalena Pejic		Christ the King	J1.30m
1.20 1.25 1.30 1.35			
XXO O XXO XXX			
7 Maria Tshilolo Kabika		Bishop Reding	1.25m
1.20 1.25 1.30			
O XO XXX			
8 Lauren Harrison		Christ the King	1.20m
1.20 1.25			
O XXX			
-- Chelsea Larkin		Milton	NH
1.20			
XXX			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Long Jump Junior**

Name	Year	School	Finals
1 Sabrina Bertussi		Nelson	4.86m
4.73m	FOUL	4.74m 4.62m	4.86m FOUL
2 Caitlin Rodgeron		Aldershot	4.32m
4.11m	4.09m 3.84m	4.07m	4.32m 4.32m
3 Aoife Ghoulis		Burlington Central	4.27m
3.99m	4.00m 3.78m	3.95m	3.94m 4.27m
4 Alexa Thring		Christ the King	4.11m
4.11m	3.50m 3.97m	3.94m	3.46m FOUL
5 Vonise Ryan		Dr Frank J H	3.94m
3.75m	3.73m 3.90m	FOUL	3.94m FOUL
6 Naomi Lancia		Bishop Tonnos	3.88m
2.74m	3.88m FOUL	3.14m	
7 Chinelo Yasin		St. Thomas More	3.87m
3.25m	3.87m 3.59m	2.73m	3.57m 3.85m
8 Jasmine Safar		Nelson	3.85m
3.73m	2.84m 3.85m	3.85m	FOUL 3.59m
9 Brynnley Koene		Christ the King	3.66m
3.52m	3.64m 3.66m		
10 Mary Gervais		Esc Sainte-T	3.59m
3.23m	3.59m 3.40m		
11 Abey Ormond		Bishop Tonnos	3.53m
3.44m	3.53m FOUL		
12 Laiba Butt		Iroquois Ridge	3.44m
FOUL	3.44m FOUL		
13 Magdalena Pejic		Christ the King	3.34m
2.32m	3.34m 3.33m		
14 Emma Parsons		Dr Frank J H	3.33m
2.95m	3.03m 3.33m		
15 Monica Ngobila		St. Thomas More	3.18m
2.88m	3.18m 2.98m		
16 Cleonice Battista		Blakelock	3.12m
3.12m	x x		
17 Helena Nikitopoulos		Abbey Park	2.86m
FOUL	2.86m FOUL		
-- Dania El Sammak		Iroquois Ridge	FOUL
FOUL	x x		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Triple Jump Junior**

Name	Year	School	Finals
1 Katrina Kanbergs		Milton	9.12m
8.54m 9.12m 8.78m	8.82m	8.98m 8.59m	
2 Jasmine Safar		Nelson	9.05m
8.75m 9.05m FOUL	8.35m	8.08m 8.18m	
3 Terri Bugler		Nelson	8.56m
8.33m 8.34m 8.56m	7.31m	PASS 8.37m	
4 Nicole Hopper		Burlington Central	8.53m
8.22m 8.20m 8.31m	8.25m	8.53m 8.35m	
5 Alexa Thring		Christ the King	8.20m
7.31m 8.01m 8.20m	8.18m	8.13m 8.12m	
6 Magdalena Pejic		Christ the King	7.97m
7.97m 7.34m 7.30m	PASS	PASS PASS	
7 Tamara Terpstra		Acton	7.54m
6.91m 6.91m 7.12m	7.54m	7.31m 7.03m	
8 Samantha Kesicki		M. M. Robinson	6.85m
6.64m FOUL FOUL	6.55m	6.14m 6.85m	
9 Emma Parsons		Dr Frank J H	6.11m
6.11m 6.04m FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Shot Put Junior**

Name	Year	School	Finals
1 Tamia Noel		Loyola	10.47m
10.47m	10.32m	FOUL	10.08m 8.96m 9.45m
2 Chelsea Larkin		Milton	9.69m
8.91m	9.23m	9.54m	9.49m 9.69m 8.76m
3 Danielle Allen		M. M. Robinson	9.26m
6.55m	FOUL	8.37m	8.26m 9.16m 9.26m
4 Anna Rickard		Brebeuf	9.16m
FOUL	8.29m	FOUL	9.16m 8.59m 9.08m
5 Hayley Henderson		Burlington Central	8.39m
7.19m	7.38m	8.21m	8.23m 8.39m 7.99m
6 Hanna Laube		Dr Frank J H	J8.39m
7.69m	6.92m	7.84m	8.06m 7.99m 8.39m
7 Chinelo Yasin		St. Thomas More	7.68m
6.63m	7.42m	7.38m	7.34m 7.68m 7.09m
8 Grace Mazur		Brebeuf	7.64m
7.42m	FOUL	6.71m	FOUL 6.95m 7.64m
9 Lauren Harrison		Christ the King	6.59m
6.49m	6.59m	FOUL	
10 Rose Hematian		Dr Frank J H	6.51m
5.70m	FOUL	6.51m	
11 Katie Geroge		Burlington Central	6.26m
5.79m	6.14m	6.26m	
12 Lenka Trivett		Burlington Central	6.14m
6.14m	6.14m	6.01m	
13 Alessandra Oppedisano		Milton	5.92m
5.11m	FOUL	5.92m	
14 Julia Britton		Garth Webb	4.84m
4.68m	4.84m	4.61m	
-- Natania Olusanya		Iroquois Ridge	FOUL
FOUL	FOUL	FOUL	

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Women Discus Throw Junior**

Name	Year	School	Finals
1 Tamia Noel		Loyola	25.67m
	17.60m	19.66m	19.94m
	23.67m	25.67m	18.76m
2 Shaelyn Francis		Bishop Ryan	20.01m
	FOUL	20.01m	FOUL
	18.73m	FOUL	19.14m
3 Anna Rickard		Brebeuf	19.44m
	FOUL	16.61m	19.34m
	19.19m	19.44m	16.69m
4 Carolyn Hughes		Esc Sainte-T	18.23m
	15.54m	FOUL	17.36m
	15.09m	17.92m	18.23m
5 Katie Geroge		Burlington Central	17.53m
	16.16m	17.53m	15.68m
	15.44m	16.35m	16.68m
6 Darby Haverson		Burlington Central	16.64m
	15.56m	15.28m	16.64m
	14.55m	16.03m	16.26m
7 Natania Olusanya		Iroquois Ridge	16.32m
	16.32m	14.57m	11.06m
	13.47m	11.38m	15.62m
8 Hayley Henderson		Burlington Central	15.85m
	14.83m	14.38m	15.59m
	15.69m	15.85m	14.99m
9 Lenka Trivett		Burlington Central	15.33m
	13.70m	14.59m	15.33m
10 Jazzmin Aivaliotis		Burlington Central	12.50m
	11.81m	10.89m	12.50m

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Javelin Throw Junior**

Name	Year	School	Finals
1 Jasmine Safar		Nelson	29.90m
26.80m 27.75m 26.73m 27.15m 29.90m 20.61m			
2 Kenna Hopkins		Dr Frank J H	27.22m
FOUL 17.46m 21.83m 26.69m 24.80m 27.22m			
3 Tamia Noel		Loyola	24.37m
22.84m 18.94m 20.66m FOUL 22.47m 24.37m			
4 Hayley Henderson		Burlington Central	24.15m
19.20m 24.15m FOUL 22.30m FOUL FOUL			
5 Carolyn Hughes		Esc Sainte-T	21.80m
13.80m 19.54m 21.52m 21.26m 21.80m 18.96m			
6 Shaelyn Francis		Bishop Ryan	21.02m
21.02m FOUL FOUL 18.15m 18.89m 15.56m			
7 Jazzmin Aivaliotis		Burlington Central	20.10m
19.10m 19.20m 18.69m 18.80m 20.10m 19.90m			
8 Hannah Smith		Milton	19.79m
19.32m 19.48m 16.96m 19.05m 19.79m 18.00m			
9 Anna Rickard		Brebeuf	18.50m
FOUL FOUL 18.50m			
10 Grace Mazur		Brebeuf	18.40m
12.35m FOUL 18.40m			
11 Mairen Hamilton		Assumption	17.12m
FOUL FOUL 17.12m			
12 Jenna Munday		Christ the King	11.13m
9.20m 9.02m 11.13m			
-- Hanna Laube		Dr Frank J H	FOUL
FOUL FOUL FOUL			
-- Claire Hawkins		M. M. Robinson	FOUL
PASS FOUL FOUL			
-- Angela Wallace		Christ the King	FOUL
FOUL FOUL FOUL			



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Senior****16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Zaria Armstrong	Blakelock	12.90Q	7
2 Halle Bovell	St. Mary's	12.91Q	5
3 Roshanna Baker	Garth Webb	12.94Q	6
4 Claire Gormley	Christ the King	13.27Q	4
5 Emma Verbruggen	Bishop Tonnos	13.38Q	2
6 Emma Maltais	Nelson	13.44Q	1
7 Melissa Grant	St. Thomas More	13.76Q	3
8 Margo Rooks	Aldershot	13.17q	5
9 Chante Burnett	Acton	13.39q	2
10 Laura Ellis	Nelson	13.40q	2
11 Alex Labuda	Garth Webb	13.62q	5
12 Alex Verboom	Bishop Ryan	13.90q	3 13.896
13 Renee Brown	Jean Vanier	13.90q	1 13.897
13 Jessica Town	Nelson	13.90q	7 13.897
15 Lindsay Pecyna	Brebeuf	13.98q	6
16 Tessa O'Brien	St. Mary's	14.07q	1
17 Victoria Montgomery	Georgetown	14.10	2
18 Chloe Page	St. Thomas More	14.22	2
19 Amy Bellavia	Bishop Tonnos	14.27	3
20 Kyra Scott	Christ the King	14.29	4
21 Karolina Chorobik	Jean Vanier	14.30	4
22 Emily Bergsma	Kings Christian	14.35	7
23 Erica Nicoletti	Bishop Ryan	14.38	2
24 Sarah Thompson	Bishop Ryan	14.51	4
25 Alex Thayer	Oakville Trafalgar	14.57	7
26 Lauren Major	Dr Frank J H	14.63	6
27 Pamela Ampah	Brebeuf	14.64	1
28 Erika Mussi	Brebeuf	14.67	7
29 Jinelle Bobb	Jean Vanier	14.79	5
30 Stephanie Amoah	St. Thomas More	14.82	3
31 Ammin Sahdra	Iroquois Ridge	14.85	7 14.841
32 Rinita Martelly	Jean Vanier	14.85	7 14.848
33 Chelsea Dixon	Bishop Reding	15.14	6
34 Paige Axelson	Georgetown	15.34	3
35 Ekaterina Gorshkova	Iroquois Ridge	15.48	2
36 Carina Nasturizo	Abbey Park	15.52	6
37 Eve Staszczyszyn	Iroquois Ridge	15.72	2
38 Emma MacDonald	Iroquois Ridge	15.78	4
39 Vanessa Tonic	Loyola	15.85	6
40 Paige Waddell	Dr Frank J H	15.86	5
41 Sophie Dunn	Bishop Tonnos	16.28	4

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year	School	Semis	H#
Semi-Finals				
1 Roshanna Baker		Garth Webb	12.56Q	1
2 Zaria Armstrong		Blakelock	12.60Q	2 12.591
3 Claire Gormley		Christ the King	12.60Q	2 12.596
4 Emma Maltais		Nelson	12.61Q	1
5 Halle Bovell		St. Mary's	12.70Q	1
6 Margo Rooks		Aldershot	12.98Q	2
7 Chante Burnett		Acton	13.23q	2
8 Alex Labuda		Garth Webb	13.26q	1
9 Emma Verbruggen		Bishop Tonnos	13.34	2
10 Melissa Grant		St. Thomas More	13.40	1
11 Laura Ellis		Nelson	13.44	1
12 Jessica Town		Nelson	13.56	1
13 Lindsay Pecyna		Brebeuf	13.57	1
14 Alex Verboom		Bishop Ryan	13.77	2
15 Renee Brown		Jean Vanier	13.79	2
16 Tessa O'Brien		St. Mary's	13.93	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash Senior**

=====		
Name	Year School	Finals
=====		
Finals		
1 Roshanna Baker	Garth Webb	12.52
2 Emma Maltais	Nelson	12.60
3 Claire Gormley	Christ the King	12.64
4 Zaria Armstrong	Blakelock	12.65
5 Halle Bovell	St. Mary's	12.90
6 Margo Rooks	Aldershot	13.11
7 Chante Burnett	Acton	13.37
8 Alex Labuda	Garth Webb	13.62

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Senior****16 Advance: Top 1 Each Heat plus Next 11 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Roshanna Baker		Garth Webb	26.20Q	5
2 Halle Bovell		St. Mary's	26.42Q	1
3 Claire Gormley		Christ the King	26.64Q	3
4 Emma Maltais		Nelson	27.15Q	2
5 Taja McLean		Blakelock	27.89Q	4
6 Chante Burnett		Acton	26.88q	5
7 Melissa Grant		St. Thomas More	27.51q	2
8 Lindsay Pecyna		Brebeuf	27.53q	3
9 Laura Ellis		Nelson	28.45q	1
10 Renee Brown		Jean Vanier	28.61q	3
11 Chloe Page		St. Thomas More	28.62q	4
12 Tessa O'Brien		St. Mary's	28.75q	4
13 Amy Bellavia		Bishop Tonnos	28.80q	1
14 Victoria Montgomery		Georgetown	28.89q	3
15 Kyra Scott		Christ the King	28.94q	5
16 Pamela Ampah		Brebeuf	29.61q	4
17 Victoria Kay		Bishop Tonnos	29.88	2
18 Ammin Sahdra		Iroquois Ridge	30.07	4
19 Tele Fagbure		Jean Vanier	31.28	4
20 Daniella Gomez		Loyola	31.38	5
21 Julia Duggan		Christ the King	31.56	1
22 Hana El Sammak		Iroquois Ridge	31.65	1
23 Angelika Konczak		M. M. Robinson	32.15	3
24 Lauren Gallo		Abbey Park	33.78	2
25 Razan Saleh		St. Thomas More	33.81	1
26 Mayah Manabeer		M. M. Robinson	35.40	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Roshanna Baker	Garth Webb	25.84Q	2
2 Halle Bovell	St. Mary's	26.40Q	1
3 Claire Gormley	Christ the King	26.75Q	1
4 Emma Maltais	Nelson	27.03Q	2
5 Chante Burnett	Acton	27.07Q	1
6 Lindsay Pecyna	Brebeuf	27.55Q	2
7 Taja McLean	Blakelock	27.61q	2
8 Melissa Grant	St. Thomas More	27.78q	1
9 Laura Ellis	Nelson	28.25	2
10 Chloe Page	St. Thomas More	28.52	1
11 Renee Brown	Jean Vanier	28.60	1
12 Tessa O'Brien	St. Mary's	28.70	2
13 Kyra Scott	Christ the King	28.84	1
14 Amy Bellavia	Bishop Tonnos	29.22	2
15 Victoria Montgomery	Georgetown	29.30	1
16 Pamela Ampah	Brebeuf	29.95	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 200 Meter Dash Senior**

=====		
Name	Year School	Finals
=====		
Finals		
1 Roshanna Baker	Garth Webb	25.80
2 Claire Gormley	Christ the King	26.24
3 Halle Bovell	St. Mary's	26.29
4 Emma Maltais	Nelson	26.49
5 Lindsay Pecyna	Brebeuf	27.56
6 Taja McLean	Blakelock	27.62
7 Melissa Grant	St. Thomas More	28.00

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 400 Meter Dash Senior**

Name	Year School	Finals	H#
1 Kristin O'Neill	Loyola	57.18	3
2 Chante Burnett	Acton	59.99	1
3 Natalia Mielczarek	Brebeuf	1:00.08	3
4 Lindsay Pecyna	Brebeuf	1:03.59	3
5 Mikayla Hewitt	St. Mary's	1:03.62	3
6 Adrianna Williams	Garth Webb	1:04.07	3
7 Charlie Schell	Garth Webb	1:04.11	3
8 Emma Verbruggen	Bishop Tonnos	1:04.23	1
9 Kristin Gallant	Bishop Reding	1:04.40	3
10 Chloe Page	St. Thomas More	1:06.32	2
11 Taja McLean	Blakelock	1:06.85	3
12 Jessica Town	Nelson	1:07.83	2
13 Meaghan Hector	Christ the King	1:08.57	2
14 Lauren Major	Dr Frank J H	1:09.69	2
15 Rachel Detmers	Georgetown	1:10.32	2
16 Daniella Gomez	Loyola	1:13.51	2
17 Ali Cerone	Iroquois Ridge	1:20.90	1
18 Nicole Castellino	Christ the King	1:21.74	1
19 Zianne Carvalho	Jean Vanier	1:23.15	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 800 Meter Run Senior**

Name	Year School	Finals	H#
1 Kristin O'Neill	Loyola	2:16.77	2
2 Emily Wesseling	Milton	2:18.84	2
3 Natalia Mielczarek	Brebeuf	2:21.58	2
4 Stefanie Parsons	Christ the King	2:22.11	2
5 Mikayla Hewitt	St. Mary's	2:28.57	2
6 Alyssa Holmes	Corpus Christi	2:33.13	1
7 Nicole Sobolewski	Bishop Tonnos	2:42.49	1
8 Nicole Schultz	Abbey Park	2:42.96	2
9 Nikki Butani	Kings Christian	2:43.70	2
10 Erica Kingsley	Nelson	2:44.17	2
11 Kristina Hode	Cardinal Newman	2:47.78	1
12 Rachel Detmers	Georgetown	2:51.00	2
13 Daniella Gomez	Loyola	3:00.35	2
14 Mary Sybarsma	Notre Dame	3:03.84	2
15 Zianne Carvalho	Jean Vanier	3:14.89	1
16 Megan Lee	M. M. Robinson	3:15.37	1
17 Caitlin Huss	St. Thomas More	3:18.16	1
18 Hannah MacDonald	St. Thomas More	3:25.79	1
19 Alyssa Stocco	St. Thomas More	3:26.26	1
20 Zena Bromley	Bishop Tonnos	3:35.73	1



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 1500 Meter Run Senior**

Name	Year School	Finals
1 Stefanie Parsons	Christ the King	4:40.43
2 Emily Wesseling	Milton	4:43.27
3 Mackenzie Cameron	Christ the King	4:45.67
4 Kinley Wilson	Nelson	5:01.93
5 Alyssa Holmes	Corpus Christi	5:04.99
6 Meghan Sippel	Georgetown	5:07.21
7 Marlena Mazza	Cardinal Newman	5:12.95
8 Allison Sippel	Georgetown	5:26.48
9 Erica Kingsley	Nelson	5:30.99
10 Nikki Butani	Kings Christian	5:37.35
11 Nicole Schultz	Abbey Park	5:38.26
12 Nicole Sobolewski	Bishop Tonnos	5:40.46
13 Mary Sybarsma	Notre Dame	6:01.43
14 Shaeley Barrios-Barrera	Cathedral	6:02.52
15 Kelly Harisson	Aldershot	6:12.41
16 Julianne Magalona	Bishop Reding	6:16.20
17 Hannah MacDonald	St. Thomas More	6:24.42
18 Lauren Harrison	Aldershot	6:29.73
19 Zianne Carvalho	Jean Vanier	6:32.97
20 Alyssa Stocco	St. Thomas More	6:50.75
21 Caitlin Huss	St. Thomas More	6:50.92
22 Zena Bromley	Bishop Tonnos	7:27.42

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 3000 Meter Run Senior**

Name	Year School	Finals
1 Mackenzie Cameron	Christ the King	10:24.32
2 Stefanie Parsons	Christ the King	10:44.46
3 Stephanie Knowles	Christ the King	10:50.44
4 Meghan Sippel	Georgetown	10:54.73
5 Kinley Wilson	Nelson	11:10.63
6 Allison Sippel	Georgetown	11:38.45
7 Katja Zbogar	Holy Trinity	12:01.03
8 Nikki Butani	Kings Christian	12:01.39
9 Shaeley Barrios-Barrera	Cathedral	13:37.43

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Hurdles Senior**

Name	Year School	Finals	H#
1 Molly Giannone	St. Mary's	15.40	3
2 Julia Scott	Blakelock	16.37	3
3 Kaleigh Jeffrey	Blakelock	16.89	3
4 Kristin Gallant	Bishop Reding	17.44	3
5 Oreoluwakitan Ademidun	Bishop Reding	17.59	3
6 Paige Axelson	Georgetown	18.66	3
7 Kyra Scott	Christ the King	18.89	3
8 Karolina Chorobik	Jean Vanier	19.37	1
9 Alida Bonomo	Cardinal Newman	19.38	1
10 Emma MacDonald	Iroquois Ridge	20.06	2
11 Cassandra Baird	Brebeuf	20.09	2
12 Mackenzie Hsu	Iroquois Ridge	20.39	2
13 Alex Thayer	Oakville Trafalgar	21.80	2
14 Carina Nasturizo	Abbey Park	21.84	1
15 Lauren Gallo	Abbey Park	22.70	2
-- Nicole Cholewka	Notre Dame	DNF	3

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 400 Meter Hurdles Senior**

Name	Year	School	Finals	H#
1 Molly Giannone		St. Mary's	1:08.67	3
2 Kristin Gallant		Bishop Reding	1:10.53	3
3 KC Burnell		Georgetown	1:12.00	3
4 Margo Rooks		Aldershot	1:12.19	3
5 Nicole Cholewka		Notre Dame	1:12.55	3
6 Adrianna Williams		Garth Webb	1:15.59	3
7 Abigail Forsey		Nelson	1:15.92	2
8 Shanise Ryan		Dr Frank J H	1:16.92	2
9 Mikayla Broome		Bishop Ryan	1:18.64	2
10 Erika Mussi		Brebeuf	1:19.28	2
11 Cassandra Baird		Brebeuf	1:19.79	2
12 Kristina Ward		Loyola	1:22.00	2
13 Hana El Sammak		Iroquois Ridge	1:22.13	2
14 Famke Alberts		Georgetown	1:23.87	3
15 Paige Axelson		Georgetown	1:24.85	3

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 4x100 Meter Relay Senior**

School	Finals	H#
1 Blakelock 'A'	51.42	3
1) Julia Scott		
3) Kaleigh Jeffrey		
2 Nelson 'A'	51.76	3
1) Laura Ellis		
3) Jessica Town		
3 Christ the King 'A'	52.17	3
1) Maya DaSilva		
3) Meaghan Hector		
4 St. Mary's 'A'	52.18	3
1) Halle Bovell		
3) Tessa O'Brien		
5 Brebeuf 'A'	53.73	3
1) Natalia Mielczarek		
3) Lindsay Pecyna		
6 Garth Webb 'A'	54.07	3
1) Roshana Baker		
3)		
7 Bishop Tonnos 'A'	54.47	1
1) Victoria Kay		
3) Amy Bellavia		
8 Bishop Ryan 'A'	55.21	2
1) Alex Verboom		
3) Mikayla Broome		
9 St. Thomas More 'A'	56.12	1
10 Bishop Reding 'A'	56.16	3
1) Oreoluwakitan Ademidun		
3) Kristin Gallant		
11 Jean Vanier Catholic S.S. 'A'	56.22	2
12 Notre Dame 'A'	57.71	3
13 Iroquois Ridge 'A'	58.62	2
1) Ekateria Gorshkova		
3) Hana El Sammak		
14 Oakville Trafalgar 'A'	59.60	1
1) Hope Rieckelman		
3) Rachel Miller		
15 M. M. Robinson 'A'	1:02.73	2
1) Klara Laszlo		
3) Angelika Konczak		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women High Jump Senior**

Name	Year	School	Finals
1 Julia Scott		Blakelock	1.55m
1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58			
O P P O XO O XXO X			
2 Kissiah Griffiths		Blakelock	1.50m
1.25 1.30 1.35 1.40 1.45 1.50 1.55			
O P O O O O XXX			
3 Meaghan Rice		St. Mary's	J1.50m
1.25 1.30 1.35 1.40 1.45 1.50 1.55			
O O O O XO O XXX			
4 Maya DaSilva		Christ the King	1.45m
1.25 1.30 1.35 1.40 1.45 1.50			
O O O O O XXX			
5 Oreoluwakitan Ademidun		Bishop Reding	J1.45m
1.25 1.30 1.35 1.40 1.45 1.50			
O O O O XO XXX			
6 Mikayla Broome		Bishop Ryan	1.40m
1.25 1.30 1.35 1.40 1.45			
O O XO O XXX			
7 Rachel Detmers		Georgetown	J1.40m
1.25 1.30 1.35 1.40 1.45			
O O XO XO XXX			
8 Cassandra Baird		Brebeuf	1.35m
1.25 1.30 1.35 1.40			
XXO XO O XXX			
9 Eden Niezurawski		Garth Webb	1.30m
1.25 1.30 1.35			
O O XXX			
-- Angela Pecyna		Brebeuf	NH
1.25			
XXX			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Long Jump Senior**

Name	Year	School	Finals
1 Melissa Langegger		Abbey Park	5.12m
4.56m 4.51m 4.74m 4.81m 5.12m 2.11m			
2 Meghan Raycraft		Acton	4.84m
4.44m 4.32m 4.42m 4.18m 4.64m 4.84m			
3 Lauren Rock		Christ the King	4.81m
4.81m x			
4 Oreoluwakitan Ademidun		Bishop Reding	4.74m
4.74m 4.05m FOUL 2.18m 4.29m 4.37m			
5 Emma Maltais		Nelson	4.66m
3.87m 4.66m 4.60m 4.28m 4.20m 4.03m			
6 KC Burnell		Georgetown	4.64m
4.60m 4.64m 4.58m 4.51m 4.57m 4.52m			
7 Emma Verbruggen		Bishop Tonnos	4.62m
4.62m 3.79m 3.99m 3.38m 4.34m 4.40m			
8 Ivana Alilovic		Christ the King	4.57m
4.57m 4.50m 4.24m 4.39m 4.12m 4.46m			
9 Angela Henein		Christ the King	4.40m
4.23m 4.40m 4.39m			
10 Nicole Schultz		Abbey Park	4.27m
FOUL 4.10m 4.27m			
11 Kimmie Henderson		Georgetown	4.22m
4.22m 3.98m 4.00m			
12 Erica Nicoletti		Bishop Ryan	4.11m
3.92m 3.76m 4.11m			
13 Miranda Waite		Brebeuf	4.09m
4.08m 3.98m 4.09m			
14 Danielle Martin		Notre Dame	4.06m
FOUL 3.95m 4.06m			
15 Alex Verboom		Bishop Ryan	4.02m
3.65m 4.02m 3.69m			
16 Samantha Price		Bishop Reding	3.97m
3.51m 3.97m 3.82m			
17 Laura Ellis		Nelson	3.96m
FOUL 3.71m 3.96m			
18 Kelly Harisson		Aldershot	3.95m
3.94m FOUL 3.95m			
19 Juliana Roberston		Bishop Ryan	3.92m
FOUL 3.60m 3.92m			
20 Janet Jojy		Bishop Reding	3.88m
3.68m 3.76m 3.88m			
21 Tele Fagbure		Jean Vanier	J3.88m
3.54m 3.63m 3.88m			
22 Mackenzie Zarnke		Aldershot	3.87m
FOUL 3.55m 3.87m			
23 Kate Ceci		Brebeuf	3.86m
3.86m 3.63m 3.75m			
24 Emma Seese		Loyola	3.70m
3.70m 3.39m FOUL			
25 Emily Bergsma		Kings Christian	3.62m
3.02m 3.62m 3.62m			
26 Jordan Dyck		Bateman	3.51m
3.51m 3.43m FOUL			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**....Women Long Jump Senior**

27	Zenze Griffiths	St. Thomas More	3.47m
	3.47m FOUL 2.42m		
28	Eve Staszczyszyn	Iroquois Ridge	3.40m
	3.40m 2.32m FOUL		
29	Rebecca Miller	Assumption	3.37m
	2.90m 2.89m 3.37m		
30	Vanessa Tonicic	Loyola	3.23m
	FOUL 3.22m 3.23m		
31	Hannah Martin	Assumption	3.12m
	3.12m 2.75m 3.11m		
32	Bailey Nolan	Assumption	3.07m
	2.72m 2.48m 3.07m		
33	Sara Oshana	Bishop Ryan	2.89m
	2.27m 2.70m 2.89m		
34	Carina Nasturizo	Abbey Park	2.41m
	FOUL 2.41m FOUL		
--	Shanise Ryan	Dr Frank J H	FOUL
	FOUL FOUL FOUL		
--	Hana El Sammak	Iroquois Ridge	FOUL
	FOUL FOUL FOUL		
--	Ali Cerone	Iroquois Ridge	FOUL
	FOUL FOUL FOUL		
--	Famke Alberts	Georgetown	FOUL
	FOUL FOUL FOUL		



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Triple Jump Senior**

Name	Year	School	Finals
1 Melissa Langegger		Abbey Park	10.42m
9.65m 10.42m PASS	PASS	PASS PASS	
2 Meaghan Rice		St. Mary's	10.26m
9.80m FOUL 9.34m	10.26m	10.00m 9.71m	
3 KC Burnell		Georgetown	10.10m
PASS 10.10m PASS	9.90m	FOUL PASS	
4 Lauren Rock		Christ the King	10.06m
10.01m PASS PASS	PASS	10.06m PASS	
5 Ivana Alilovic		Christ the King	10.03m
10.03m FOUL FOUL	FOUL	FOUL FOUL	
6 Kimmie Henderson		Georgetown	9.87m
9.76m 9.66m 9.87m	9.52m	9.57m 9.61m	
7 Famke Alberts		Georgetown	9.71m
9.41m 9.42m FOUL	9.27m	FOUL 9.71m	
8 Samantha Price		Bishop Reding	9.47m
9.39m 9.12m FOUL	9.11m	FOUL 9.47m	
9 Julia Duggan		Christ the King	9.23m
9.23m 8.87m 8.94m			
10 Angela Henein		Christ the King	9.01m
8.35m 9.01m 8.38m			
11 Kelly Harisson		Aldershot	8.94m
8.93m 8.87m 8.94m			
12 Alida Bonomo		Cardinal Newman	8.84m
8.62m 8.84m 8.84m			
13 Miranda Timmerman		Acton	8.79m
FOUL 7.51m 8.79m			
14 Alex Thayer		Oakville Trafalgar	8.66m
8.49m 8.66m 8.34m			
15 Sarah Thompson		Bishop Ryan	8.54m
7.80m 7.79m 8.54m			
16 Titi Huynh		Blakelock	8.32m
FOUL 8.32m 8.00m			
17 Erica Nicoletti		Bishop Ryan	8.20m
FOUL 8.20m FOUL			
18 Miranda Waite		Brebeuf	8.10m
8.10m FOUL FOUL			
19 Juliana Roberston		Bishop Ryan	8.03m
8.03m 7.81m 7.57m			
20 Angelika Konczak		M. M. Robinson	7.50m
FOUL 7.50m 7.33m			
21 Kate Ceci		Brebeuf	7.32m
FOUL 6.94m 7.32m			
22 Angela Pecyna		Brebeuf	7.31m
FOUL 7.31m FOUL			
23 Zenze Griffiths		St. Thomas More	6.89m
FOUL 6.89m FOUL			
24 Megan Lee		M. M. Robinson	6.61m
6.11m 6.33m 6.61m			
25 Mayah Manabeer		M. M. Robinson	6.54m
6.54m 6.31m 6.07m			
-- Jana Mandic		Garth Webb	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**....Women Triple Jump Senior**

-- Janet Jojy	Bishop Reding	FOUL
FOUL FOUL FOUL		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Shot Put Senior**

Name	Year	School	Finals
1 Maddie Carrigan		Bishop Tonnos	10.43m
9.76m 7.75m 9.78m	9.38m	9.76m 10.43m	
2 Meaghan Rice		St. Mary's	9.82m
9.41m 9.60m 9.82m	9.77m	9.41m 9.82m	
3 Juliana Roberston		Bishop Ryan	9.07m
9.07m 7.02m 7.32m	7.26m	6.59m 7.38m	
4 Annie Cupido		Brebeuf	8.57m
7.95m 8.57m 8.32m	8.01m	8.43m 8.56m	
5 Shelby Amponsah		Brebeuf	8.37m
8.36m 8.32m 7.85m	8.37m	8.25m 8.12m	
6 Stephanie Damerjian		Brebeuf	7.67m
7.00m 7.38m 7.67m	7.24m	6.95m 7.00m	
7 Kate Selway		Aldershot	7.65m
6.85m 7.65m 6.72m	6.91m	6.81m 6.69m	
8 Keyara Joseph		Cathedral	7.51m
6.97m 7.51m 7.13m	7.31m	7.08m 6.44m	
9 Breena Asling		Burlington Central	7.01m
5.76m 6.59m 7.01m			
10 Cindy Dziuba		Christ the King	6.75m
6.75m 6.17m 6.46m			
11 Amanda Nicoletti		Bishop Ryan	6.67m
6.58m 6.67m 5.90m			
12 Jordan Dyck		Bateman	6.01m
5.68m 5.95m 6.01m			
13 Lauren Harrison		Aldershot	5.86m
5.86m 5.83m 5.49m			
14 Izzy Rotsaert		Aldershot	5.71m
5.71m 5.44m 5.56m			
15 Jennifer Maki		Brebeuf	5.65m
5.60m 5.65m FOUL			
16 Eden Niezurawski		Garth Webb	J5.65m
4.80m 5.65m 5.30m			
17 Sophie Dunn		Bishop Tonnos	4.80m
FOUL 4.80m 4.33m			
18 Emma Tillotson		Brebeuf	4.57m
4.57m 4.29m 4.10m			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Women Discus Throw Senior**

Name	Year	School	Finals
1 Chelsea Lawson		Bishop Ryan	24.87m
22.03m 20.53m 19.80m 23.04m 24.87m 24.07m			
2 Shelby Amponsah		Brebeuf	24.19m
18.50m FOUL 18.11m 24.19m 21.17m 24.17m			
3 Amanda Nicoletti		Bishop Ryan	23.89m
21.70m 19.04m FOUL FOUL 20.83m 23.89m			
4 Victoria Pancucci		Bishop Ryan	23.76m
22.08m 22.78m 21.31m 20.32m 21.52m 23.76m			
5 Annie Cupido		Brebeuf	22.20m
20.00m 19.15m 15.62m 18.78m 22.20m FOUL			
6 Izzy Rotsaert		Aldershot	21.18m
17.31m 16.51m 18.90m 17.41m 18.94m 21.18m			
7 Breena Asling		Burlington Central	20.62m
19.52m 16.60m 18.15m 20.62m 19.75m 20.28m			
8 Mackenzie Zarnke		Aldershot	20.54m
18.23m 17.12m 19.81m 19.67m 20.54m 20.40m			
9 Jennifer Maki		Brebeuf	17.91m
17.12m 17.91m 16.77m			
10 Margo Rooks		Aldershot	16.12m
FOUL 15.45m 16.12m			
11 Emma Tillotson		Brebeuf	16.05m
15.64m 15.24m 16.05m			
12 Kate Selway		Aldershot	15.01m
15.01m 13.84m 14.29m			
13 Meaghan Brown		Assumption	13.27m
FOUL 13.27m 12.35m			
14 Darby Sutton		Georgetown	13.19m
12.41m 13.19m 11.13m			
15 Tonya Mikalycic		Assumption	13.09m
11.42m 11.63m 13.09m			
16 Kassandra Jasek		Assumption	10.68m
9.46m 10.68m 10.42m			
17 Katlyn Pike		Assumption	10.28m
9.98m 10.21m 10.28m			
--ayah Manabeer		M. M. Robinson	FOUL
FOUL FOUL FOUL			
-- Megan Lee		M. M. Robinson	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women Javelin Throw Senior**

Name	Year	School	Finals
1 Maddie Carrigan		Bishop Tonnos	34.62m
29.81m 27.95m 34.62m 33.62m 32.95m		FOUL	
2 Victoria Pancucci		Bishop Ryan	34.53m
FOUL 31.42m 30.44m 34.53m 30.57m 32.88m			
3 Breena Asling		Burlington Central	22.32m
22.32m FOUL 21.73m 21.67m 19.75m FOUL			
4 Jordan Dyck		Bateman	20.33m
17.75m 18.63m 19.45m 20.33m 18.81m FOUL			
5 Carmela Renzone		Holy Trinity	20.25m
FOUL 20.25m FOUL 14.82m 18.59m 19.34m			
6 Stephanie Damerjian		Brebeuf	20.21m
19.56m 19.08m 18.78m 20.21m 18.50m 20.09m			
7 Annie Cupido		Brebeuf	18.99m
14.62m 18.99m 15.41m 17.62m 16.40m FOUL			
8 Paige Waddell		Dr Frank J H	18.81m
FOUL FOUL 18.81m FOUL FOUL FOUL			
9 Rebecca Miller		Assumption	17.88m
FOUL FOUL 17.88m			
10 Catherine Penney		Holy Trinity	17.85m
FOUL 16.30m 17.85m			
11 Amanda Nicoletti		Bishop Ryan	17.25m
17.25m FOUL FOUL			
12 Kate Ceci		Brebeuf	16.97m
16.89m 16.97m 16.89m			
13 Angela Pecyna		Brebeuf	15.67m
15.55m 13.97m 15.67m			
14 Kate Selway		Aldershot	13.61m
13.61m FOUL FOUL			
15 Izzy Rotsaert		Aldershot	13.23m
13.23m FOUL FOUL			
16 Darby Sutton		Georgetown	11.27m
FOUL 10.20m 11.27m			
-- Megan Wiedekowsky		Christ the King	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 1500 Meter Steeplechase Open**

Name	Year School	Finals
1 Ella Kubas	Milton	5:43.79
2 Stephanie Knowles	Christ the King	5:47.90
3 Meghan Sippel	Georgetown	5:49.61
4 Allison Sippel	Georgetown	6:02.20
5 Katja Zbogor	Holy Trinity	6:14.86
6 Nicole Sobolewski	Bishop Tonnos	6:16.21
7 Lily Lambert	Corpus Christi	6:37.31
8 Kristina Ward	Loyola	6:37.42
9 Abey Ormond	Bishop Tonnos	7:21.01
10 Chiara Sagrott	Brebeuf	7:39.18
11 Gratiana Chen	Oakville Trafalgar	7:55.40
12 Ericka Mongrain Hewson	Esc Sainte-T	9:26.70
13 Emily Swei	Oakville Trafalgar	10:44.41
-- Darby Sutton	Georgetown	DNF

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 4x400 Meter Relay Open**

School	Finals	H#
1 St. Mary's 'A'	4:13.49	2
1) Halle Bovell		
3) Mikayla Hewitt		
2 Brebeuf 'A'	4:19.27	1
1) Natalia Mielczarek		
3) Lindsay Pecyna		
3 Christ the King 'A'	4:21.24	2
1) Meaghan Hector		
3) Stephanie Knowles		
4 Garth Webb 'A'	4:24.25	2
1) Carol-Ann Campbell		
3)		
5 Bishop Reding 'A'	4:26.74	2
1) Boluwatife Ademidun		
3) Kristin Gallant		
6 Georgetown 'A'	4:32.12	2
1) KC Burnell		
3) Allison Sippel		
7 Kings Christian 'A'	4:34.08	1
1) Hilary MacGregor		
3) Maddy Bergsma		
8 Nelson 'A'	4:36.96	1
1) Abigail Forsey		
3) Jenna Leslie		
9 Loyola 'A'	4:37.24	2
1) Kristin O'Neill		
3) Caitlin Everett		
10 Bishop Tonnos 'A'	4:41.36	1
1) Julia DiFederico		
3) Emma Verbruggen		
11 Abbey Park 'A'	4:42.01	2
1) Nicole Schultz		
3) Lauren Gallo		
12 Notre Dame 'A'	4:46.47	2
13 St. Thomas More 'A'	4:55.55	1
14 M. M. Robinson 'A'	5:09.10	1
1) Emma Mowbray		
3) Lillian Pich		
	2) Samantha Kesicki	
	4) Megan Lee	

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Women 100 Meter Dash Ambulatory**

=====		
Name	Year School	Finals
=====		
1 Riley Kisel	Bishop Ryan	1:10.62



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Women 100 Meter Dash ID**

Name	Year School	Finals	H#
1 Jarinka Tsymbalista	Bishop Tonnos	20.18	1
2 Mackenzie Leitch	Bishop Ryan	24.65	1
3 Flynn McCowell	Bishop Ryan	25.09	1 25.089
4 Claire Notarandrea	Bishop Tonnos	25.09	2 25.090
5 Marisa Restivo	St. Thomas More	25.79	2
6 Sarina Costa	Cathedral	26.03	2
7 Kassie Laramie	Bishop Tonnos	27.05	1
8 Kaitlin Coghlin	St. Thomas More	28.55	2
9 Valentina Llanos	St. Thomas More	29.03	1
10 Emily Dunlop	Cathedral	31.66	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Midget****16 Advance: Top 1 Each Heat plus Next 7 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Randy Tshikuna	Acmt	11.85Q	6
2 Tyreal Clyke	Cathedral	12.13Q	5
3 Daniel Harrison	Craig Kielburger	12.22Q	2
4 Ade Laraiyatan	Kings Christian	12.27Q	1
5 Colin Stupak	Burlington Central	12.61Q	7
6 Darius Nguyen	Jean Vanier	12.64Q	8
7 Joseph Bugiardini	Notre Dame	12.78Q	4 12.777
8 Noah Farrell	Kings Christian	12.78Q	3 12.780
9 Brad Ganter	Garth Webb	12.84Q	9 12.840
10 Tyrese Green	Brebeuf	12.44q	6
11 Victor Montini	Christ the King	12.51q	5
12 Dylan Krushelnicki	Bishop Ryan	12.79q	7
13 David Griffin	Loyola	12.81q	7
14 Cale Calura	Brebeuf	12.84q	7 12.835
15 Elijah Paulsen	Dr Frank J H	12.85q	2
16 Ben Wilson	Dr Frank J H	12.92q	6
17 Bailey Price	Kings Christian	13.00	8
18 Zachary Isaacs	Holy Trinity	13.02	5 13.012
19 Kolya Morida	Oakville Trafalgar	13.02	3 13.017
20 Yong Jin Kim	Loyola	13.03	4 13.022
21 Owen McLaren	Corpus Christi	13.03	8 13.024
22 Weston Monroe	Christ the King	13.03	6 13.025
23 Isaac Boutin	Blakelock	13.03	2 13.027
24 Sam Ritchie	Loyola	13.06	3
25 Thomas Harding	Oakville Trafalgar	13.07	1
26 Justice Williams	St. Thomas More	13.09	2
27 Jamir Gray	St. Thomas More	13.11	1
28 Alex Altman	Loyola	13.13	5
29 Gisy Mohammed	Cathedral	13.18	8
30 Kyle Schatz	Brebeuf	13.19	1
31 Fola Adoniny	St. Thomas More	13.27	5
32 Luke Miehm	Christ the King	13.33	9
33 Bisi Sanyaolu	Bishop Tonnos	13.38	9
34 Lucas Botelho	Corpus Christi	13.39	6
35 Jason Martins	Loyola	13.40	2
36 Andrew Fairs	Abbey Park	13.47	2
37 Colton Squires	Acton	13.48	7
38 Mabecki Mvuendy	Bishop Ryan	13.51	3
39 Spencer Jarvis	Jean Vanier	13.54	7
40 Parker Jones	Acton	13.69	3
41 James Curwin	St. Mary's	13.70	9
42 Elliot Arbuthnot	Georgetown	13.71	3
43 Nathan Bubica	Corpus Christi	13.73	4
44 Hayden East	Abbey Park	14.36	4
45 Ayden Lyall	M. M. Robinson	14.52	3
46 Pheonix Guy	Corpus Christi	14.57	5
47 Patrik Levins	Georgetown	14.85	1
48 Devon Downie	M. M. Robinson	15.19	4
49 Matt Maxin	Georgetown	15.28	9
50 Trent Nadin	Oakville Trafalgar	15.67	5 15.668

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**....Men 100 Meter Dash Midget**

51 Andrew McGee	Oakville Trafalgar	15.67	6 15.669
52 Shahzain Saeed	Craig Kielburger	16.05	9

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Randy Tshikuna	Acmt	11.57Q	2
2 Tyrese Green	Brebeuf	11.91Q	1
3 Tyreal Clyde	Cathedral	11.93Q	1
4 Ade Laraiyatan	Kings Christian	12.00Q	2
5 Daniel Harrison	Craig Kielburger	12.11Q	1
6 Noah Farrell	Kings Christian	12.32Q	2
7 Victor Montini	Christ the King	12.19q	1
8 Colin Stupak	Burlington Central	12.44q	2
9 Ben Wilson	Dr Frank J H	12.46	2
10 Dylan Krushelnicki	Bishop Ryan	12.48	2
11 Brad Ganter	Garth Webb	12.51	2
12 Darius Nguyen	Jean Vanier	12.60	1
13 Elijah Paulsen	Dr Frank J H	12.61	1
14 David Griffin	Loyola	12.68	2
15 Joseph Bugiardini	Notre Dame	12.73	1
16 Cale Calura	Brebeuf	12.76	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Midget**

=====		
Name	Year School	Finals
=====		
Finals		
1 Randy Tshikuna	Acmt	11.74
2 Tyrese Green	Brebeuf	12.04
3 Tyreal Clyke	Cathedral	12.07
4 Ade Laraiyatan	Kings Christian	12.11
5 Victor Montini	Christ the King	12.32
6 Daniel Harrison	Craig Kielburger	12.43
7 Noah Farrell	Kings Christian	12.55
8 Colin Stupak	Burlington Central	12.70

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Midget****16 Advance: Top 1 Each Heat plus Next 10 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Randy Tshikuna	Acmt	24.22Q	5
2 Tyrese Green	Brebeuf	24.53Q	3
3 Tyreal Clyde	Cathedral	24.87Q	4
4 Ethan Smith	Dr Frank J H	25.02Q	1
5 Victor Montini	Christ the King	25.54Q	2
6 Darius Nguyen	Jean Vanier	25.95Q	6
7 Ade Laraiyatan	Kings Christian	24.90q	3
8 Colin Stupak	Burlington Central	25.52q	3
9 Gisy Mohammed	Cathedral	25.65q	4
10 Dylan Krushelnicki	Bishop Ryan	25.70q	3
11 David Griffin	Loyola	25.71q	1
12 Justice Williams	St. Thomas More	26.05q	6
13 Jamir Gray	St. Thomas More	26.06q	1
14 Thomas Harding	Oakville Trafalgar	26.28q	1
15 Lincoln Crookshanks	Brebeuf	26.29q	4
16 Alex Altman	Loyola	26.46q	1
17 Kolya Morida	Oakville Trafalgar	26.67	5
18 Abdullah Sheikh	Jean Vanier	27.19	3
19 Jason Martins	Loyola	27.19	5
20 Fola Adoniny	St. Thomas More	27.28	6
21 Connor Vilar	Brebeuf	27.30	2
22 Abdul Hassan	Jean Vanier	27.46	1
23 Spencer Jarvis	Jean Vanier	27.65	4
24 Elliot Arbuthnot	Georgetown	27.79	5
25 Joshua Bouchard	Esc Sainte-T	28.03	3
26 Ross Talabis	Brebeuf	28.42	2
27 Ryan Bois	Bishop Ryan	28.60	6
28 Andre Pundit	Georgetown	30.10	2
29 Matt Maxin	Georgetown	31.27	4
30 Devon Downie	M. M. Robinson	31.72	3
31 Josh Lannan	Christ the King	31.83	3
32 Andrew McGee	Oakville Trafalgar	31.95	5

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Randy Tshikuna	Acmt	23.80Q	2
2 Tyrese Green	Brebeuf	24.54Q	1
3 Ade Laraiyatan	Kings Christian	24.59Q	1
4 Victor Montini	Christ the King	25.11Q	2
5 Tyreal Clyke	Cathedral	24.95Q	1
6 Ethan Smith	Dr Frank J H	25.19Q	2
7 Dylan Krushelnicki	Bishop Ryan	25.14q	1
8 Gisy Mohammed	Cathedral	25.36q	2
9 Colin Stupak	Burlington Central	25.65	2
10 Darius Nguyen	Jean Vanier	25.86	1
11 Justice Williams	St. Thomas More	25.96	2
12 Lincoln Crookshanks	Brebeuf	25.97	1
13 Jamir Gray	St. Thomas More	26.21	2
14 David Griffin	Loyola	26.25	1
15 Thomas Harding	Oakville Trafalgar	26.29	1
16 Alex Altman	Loyola	26.69	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Midget**

=====		
Name	Year School	Finals
=====		
Finals		
1 Randy Tshikuna	Acmt	24.04
2 Tyrese Green	Brebeuf	24.37
3 Ade Laraiyatan	Kings Christian	25.02
4 Dylan Krushelnicki	Bishop Ryan	25.08
5 Ethan Smith	Dr Frank J H	25.26
6 Gisy Mohammed	Cathedral	25.77
7 Victor Montini	Christ the King	26.49
8 Tyreal Clyke	Cathedral	27.05



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 400 Meter Dash Midget**

Name	Year School	Finals	H#
1 Vahaab Ladha	Garth Webb	57.23	4
2 Luke Miehm	Christ the King	57.39	4
3 Lincoln Crookshanks	Brebeuf	58.18	4
4 Alexander Nwagha	Bishop Reding	58.95	4
5 Joseph Bugiardini	St. Mary's	1:00.13	2
6 Noah VanHaaster	St. Mary's	1:00.73	4
7 Luke Hubbard	Christ the King	1:01.27	4
8 Abdullah Sheikh	Jean Vanier	1:01.38	3
9 Weston Monroe	Christ the King	1:02.03	4
10 Connor Vilar	Brebeuf	1:02.33	3
11 Andrew Avery	Garth Webb	1:03.32	2
12 Abdul Hassan	Jean Vanier	1:04.28	3
13 Cesar Feng	Bishop Reding	1:04.36	3
14 Carter McKnight	Bishop Ryan	1:04.47	3
15 Joshua Bouchard	Esc Sainte-T	1:05.17	2
16 Mark Gobran	Kings Christian	1:05.21	2
17 Bailey Price	Kings Christian	1:05.44	2
18 Spencer Jarvis	Jean Vanier	1:06.07	3
19 Ethan Malicki	Christ the King	1:06.21	3
20 Justice Williams	St. Thomas More	1:06.69	2
21 Dashawn Williams	Jean Vanier	1:14.64	4

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 800 Meter Run Midget**

Name	Year School	Finals	H#
1 Yong Jin Kim	Loyola	2:16.75	2
2 Dashawn Williams	Jean Vanier	2:18.20	2
3 Luke Hubbard	Christ the King	2:21.56	2
4 Joseph Bugiardini	St. Mary's	2:22.62	1
5 Noah Farrell	Kings Christian	2:23.01	1
6 Owen Short	Georgetown	2:26.75	2
7 Brendan Jones	Bishop Reding	2:27.54	2
8 Angelo Pierrera	Cardinal Newman	2:29.67	2
9 Christian McGowan	Loyola	2:30.82	1
10 Cesar Feng	Bishop Reding	2:30.94	2
11 Jordan Luu	Bateman	2:31.62	2
12 Mike Hamilton	Georgetown	2:32.30	1
13 Ethan Malicki	Christ the King	2:32.38	2
14 Michael Metcalfe-Smith	Cardinal Newman	2:33.29	2
15 Grant Colwell	Georgetown	2:34.45	1
16 Michael Holmes	Acton	2:35.16	1
17 Alex Venneri	Iroquois Ridge	2:40.76	1
18 Tony Medland	Notre Dame	2:44.12	2
19 Hannan Ghauri	Craig Kielburger	2:50.51	1
20 Akshaye Sharma	Oakville Trafalgar	2:59.00	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 1500 Meter Run Midget**

Name	Year School	Finals	H#
1 Dashawn Williams	Jean Vanier	4:39.55	2
2 Yong Jin Kim	Loyola	4:46.21	2
3 Brandon Ponomarew	Christ the King	4:48.27	2
4 Declan Adams	Blakelock	4:48.53	2
5 Noah Farrell	Kings Christian	4:55.36	2
6 Noah VanHaaster	St. Mary's	4:56.08	2
7 Josh Beljrave	Corpus Christi	4:56.24	1
8 Chris Merrick	Oakville Trafalgar	4:59.50	1
9 Brendan Jones	Bishop Reding	5:00.35	2
10 Jordan Luu	Bateman	5:03.91	2
11 Johnny Boulanger	Christ the King	5:04.12	2
12 Owen Short	Georgetown	5:06.66	1
13 Yahya Fahmi	Iroquois Ridge	5:07.59	1
14 Ethan Heimler	Oakville Trafalgar	5:09.05	1
15 Christian McGowan	Loyola	5:09.98	2
16 Cameron Moreira	Assumption	5:12.97	2
17 Mike Hamilton	Georgetown	5:13.79	1
18 Connor Baerg	Dr Frank J H	5:14.09	1
19 Ethan Malicki	Christ the King	5:14.36	2
20 Michael Metcalfe-Smith	Cardinal Newman	5:24.46	1
21 Scott Hood	Iroquois Ridge	5:25.52	1
22 Elijah Lopez	Bateman	5:30.54	1
23 Dalton Bath	Bateman	5:35.10	1
24 Grant Colwell	Georgetown	5:36.53	1
25 Alex Venneri	Iroquois Ridge	5:39.11	1
26 Akshaye Sharma	Oakville Trafalgar	5:41.30	1
27 Ethan Shaw	Oakville Trafalgar	5:51.33	1
28 Cameron Hamer	Bateman	6:05.40	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 3000 Meter Run Midget**

Name	Year School	Finals
1 Brandon Ponomarew	Christ the King	10:13.43
2 Declan Adams	Blakelock	10:27.37
3 Chris Merrick	Oakville Trafalgar	10:47.86
4 Johnny Boulanger	Christ the King	10:49.38
5 Brendan Jones	Bishop Reding	11:00.13
6 Josh Belgrave	Corpus Christi	11:18.25
7 Owen Short	Georgetown	11:20.39
8 Jordan Luu	Bateman	11:28.35
9 Paco Eldridge	Acton	11:37.16
10 Yahya Fahmi	Iroquois Ridge	11:38.79
11 Scott Hood	Iroquois Ridge	11:39.59
-- Tony Medland	Notre Dame	DNF

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Hurdles Midget**

Name	Year School	Finals	H#
1 Colin Stupak	Burlington Central	15.45	2
2 Jared Watson	Dr Frank J H	16.24	3
3 Cooper Rourke	St. Mary's	16.68	1
4 Daniel Graham	Brebeuf	16.97	2
5 Caleb Hennessey	Christ the King	17.12	3
6 Gisy Mohammed	Cathedral	17.37	3
7 Jackson Hayman	Oakville Trafalgar	17.89	2
8 Ryan Collins	Brebeuf	17.98	3
9 Rahman Saeed	Bateman	19.08	3
10 Travis Braine	St. Mary's	19.09	1
11 James Curwin	St. Mary's	19.65	2
12 Mabecki Mvuendy	Bishop Ryan	19.66	2
13 Sam Bushby	Dr Frank J H	19.98	3
14 Ronan Thompson	Dr Frank J H	20.23	3
15 Michael Graziano	Cathedral	20.28	3
16 Elijah Lopez	Bateman	21.44	2
17 Andrew McGee	Oakville Trafalgar	21.50	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 300 Meter Hurdles Midget**

Name	Year School	Finals	H#
1 Jared Watson	Dr Frank J H	46.20	2
2 Cooper Rourke	St. Mary's	46.78	1
3 Alexander Nwagha	Bishop Reding	47.01	2
4 Isaac Boutin	Blakelock	48.68	2
5 David Griffin	Loyola	49.56	2
6 Daniel Graham	Brebeuf	49.58	2
7 Ryan Collins	Brebeuf	50.33	2
8 Sean Von Rathonyi	Holy Trinity	50.80	1
9 Aidan Horsman	Esc Sainte-T	51.68	1
10 Sam Bushby	Dr Frank J H	52.36	2
11 Rahman Saeed	Bateman	52.95	1
12 Elijah Lopez	Bateman	56.62	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 4x100 Meter Relay Midget**

School	Finals	H#
1 Brebeuf 'A'	49.22	2
1) Lincoln Crookshanks		
3) Cale Calura		
2 Dr Frank J Hayden SS 'A'	49.47	2
1) Ethan Smith		
3) Jared Watson		
3 Christ the King 'A'	49.80	2
1) Caleb Hennessey		
3) Luke Miehm		
4 St. Thomas More 'A'	49.97	1
1) Justice Williams		
3) Joey Fucciarelli		
5 Loyola 'A'	50.48	2
6 Cathedral 'A'	51.22	1
1) Michael Graziano		
3) Gisy Mohammed		
7 St. Mary's 'A'	51.30	1
1) Travis Braine		
3) James Curwin		
8 Oakville Trafalgar 'A'	51.40	2
1) Imran Koehman		
3) Thomas Harding		
9 Jean Vanier Catholic S.S. 'A'	51.62	2
10 Holy Trinity 'A'	51.63	1
1) Evan MacDonald		
3) Sean Von Rathonyi		
11 Bishop Ryan 'A'	53.17	2
1) Dylan Krushelnicki		
3) Mabecki Mvuendy		
12 Corpus Christi 'A'	53.66	1
1) Lucas Botelho		
3) Christopher Caruso		
13 Bishop Reding 'A'	54.38	2
1) Brendan Jones		
3) Cesar Feng		

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men High Jump Midget**

Name	Year	School	Finals
1 Addison Patterson		Bishop Reding	1.75m
1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80			
O O O O O O XO O XXO XXX			
2 Alexander Nwagha		Bishop Reding	1.65m
1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70			
O O O O O XO XO XXX			
3 Owen Barlow		Christ the King	1.55m
1.35 1.40 1.45 1.50 1.55 1.60			
O O O O XXO XXX			
4 Luke Hubbard		Christ the King	1.50m
1.35 1.40 1.45 1.50 1.55			
O XO XO XXO XXX			
5 Wayne Rogers		Christ the King	1.45m
1.35 1.40 1.45 1.50			
O XXO XO XXX			



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Long Jump Midget**

Name	Year	School	Finals
1 Victor Montini		Christ the King	5.22m
4.77m 4.87m 4.74m 4.36m 5.00m 5.22m			
2 Ade Laraiyatan		Kings Christian	5.20m
4.76m 4.83m 4.45m FOUL 5.20m 5.18m			
3 Randy Tshikuna		Acmt	5.08m
FOUL 4.77m 5.08m FOUL FOUL 4.82m			
4 Andrew Fairs		Abbey Park	5.04m
4.19m FOUL 4.75m 4.50m 4.76m 5.04m			
5 Daniel Harrison		Craig Kielburger	5.02m
5.02m FOUL 4.96m 4.56m FOUL FOUL			
6 Colton Squires		Acton	4.93m
4.32m 4.34m 4.58m 4.67m 4.72m 4.93m			
7 Vahaab Ladha		Garth Webb	4.90m
4.76m 4.57m 4.88m 4.57m 4.71m 4.90m			
8 Cale Calura		Brebeuf	4.57m
4.57m 4.27m 4.32m FOUL FOUL 4.35m			
9 Lucas Botelho		Corpus Christi	4.54m
4.54m 3.99m 3.98m			
10 Brad Ganter		Garth Webb	4.42m
FOUL 4.29m 4.42m			
11 Elijah Paulsen		Dr Frank J H	4.40m
4.16m 4.40m FOUL			
12 Ben Wilson		Dr Frank J H	4.39m
FOUL 4.39m 3.68m			
13 Bailey Price		Kings Christian	4.32m
FOUL FOUL 4.32m			
14 Owen McLaren		Corpus Christi	4.23m
4.12m 4.18m 4.23m			
15 Luke Miehm		Christ the King	J4.23m
FOUL 4.23m 4.15m			
16 Darius Nguyen		Jean Vanier	4.20m
3.68m 4.20m 4.15m			
17 Sameer Yachouh		Brebeuf	4.19m
4.15m FOUL 4.19m			
18 William Cassar		Bateman	4.18m
4.18m FOUL 3.90m			
19 Hunter Forsyth		M. M. Robinson	4.07m
4.07m 3.76m 3.73m			
20 Domenico Renzone		Holy Trinity	4.04m
4.03m 3.58m 4.04m			
21 James Curwin		St. Mary's	3.93m
3.93m 3.70m FOUL			
22 Jack Timmerman		Acton	3.66m
2.57m 3.55m 3.66m			
23 Hayden East		Abbey Park	3.64m
3.64m FOUL FOUL			
24 Yanik Thompson		Brebeuf	3.62m
3.59m 3.62m FOUL			
25 Isaiah Mayambu		Cathedral	3.59m
3.44m 3.59m FOUL			
26 Scott Hood		Iroquois Ridge	3.33m
3.33m FOUL FOUL			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**....Men Long Jump Midget**

27 Cameron Hamer	Bateman	3.19m
3.19m FOUL FOUL		
-- Shahzain Saeed	Craig Kielburger	FOUL
FOUL FOUL		
-- Dalton Bath	Bateman	FOUL
FOUL PASS FOUL		

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men Triple Jump Midget**

Name	Year	School	Finals
1 Aidan Horsman		Esc Sainte-T	9.76m
9.66m	9.58m	FOUL	9.61m 9.57m 9.76m
2 Josh Beljrave		Corpus Christi	9.50m
FOUL	FOUL	9.22m	8.91m 9.14m 9.50m
3 Rahman Saeed		Bateman	9.48m
8.83m	9.07m	9.48m	9.11m 8.92m FOUL
4 Daniel Graham		Brebeuf	8.88m
8.88m	8.67m	8.85m	8.41m 8.55m 8.69m
5 Yanik Thompson		Brebeuf	8.79m
8.67m	8.40m	8.72m	8.52m FOUL 8.79m
6 William Cassar		Bateman	8.70m
FOUL	7.64m	8.46m	FOUL 8.63m 8.70m
7 Mabecki Mvuendy		Bishop Ryan	8.30m
7.79m	FOUL	FOUL	7.57m 8.30m 7.79m

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Shot Put Midget**

Name	Year	School	Finals
1 Aidan Pawliw		Nelson	11.53m
	11.53m 11.13m 10.21m 9.31m	FOUL FOUL	
2 Owen Barlow		Christ the King	10.62m
	10.28m 9.97m 9.91m 9.87m	FOUL 10.62m	
3 Nathan Duffs		Holy Trinity	9.92m
	8.45m 9.65m 9.37m 9.92m	8.65m 9.04m	
4 Griffin Taylor		Georgetown	9.80m
	8.44m 9.39m 9.37m 9.75m	9.41m 9.80m	
5 Kyle Warrener		Cardinal Newman	9.77m
	8.51m 9.03m 9.22m 8.14m	9.57m 9.77m	
6 Alex Semenov		Assumption	9.61m
	9.47m 9.61m 8.13m 8.90m	8.71m 8.83m	
7 Joe Rawdah		Esc Sainte-T	9.45m
	9.21m 9.45m 9.04m 8.55m	8.83m 9.37m	
8 Subomi Akin-Abrahams		Christ the King	9.40m
	FOUL 9.40m 8.73m 8.95m	9.08m 9.26m	
9 William Cassar		Bateman	9.22m
	9.22m 8.85m 8.71m 8.63m	8.51m 8.50m	
10 Yanik Thompson		Brebeuf	9.01m
	8.05m 8.63m 9.01m		
11 Kyle Schatz		Brebeuf	8.86m
	8.86m		
12 Tyler Kellerman		Loyola	8.14m
	7.39m 7.47m 8.14m		
13 Michael Mattei		St. Thomas More	7.70m
	6.52m 7.70m 7.02m		
14 Vincent Barbon		Bishop Tonnos	7.32m
	7.32m 7.26m 6.19m		
15 Nick Rocha		Corpus Christi	5.97m
	FOUL 5.70m 5.97m		

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men Discus Throw Midget**

=====							
Name	Year School						Finals
=====							
1 Aidan Pawliw	Nelson						40.18m
36.73m	40.18m	35.70m	FOUL	36.32m	FOUL		
2 Ali Mahmoud	Brebeuf						28.67m
26.64m	27.44m	28.67m	23.19m	FOUL	26.69m		
3 Ryne Thacker	Blakelock						27.56m
FOUL	27.56m	23.79m	FOUL	FOUL	FOUL		
4 Caleb Hennessey	Christ the King						27.01m
27.01m	22.98m	21.19m	22.83m				
5 Alex Semenov	Assumption						26.05m
24.77m	FOUL	26.05m	FOUL	FOUL	FOUL		
6 Vincent Barbon	Bishop Tonnos						24.61m
FOUL	24.61m	16.45m	FOUL	FOUL	FOUL		
7 Kyle Warrener	Cardinal Newman						23.33m
23.03m	FOUL	22.85m	FOUL	23.33m	FOUL		
8 Luc Hewitt	Assumption						22.33m
FOUL	22.33m	FOUL	FOUL	FOUL	FOUL		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Javelin Throw Midget**

Name	Year	School	Finals
1 Aidan Pawliw		Nelson	42.04m
36.68m FOUL 38.73m 41.12m 42.04m FOUL			
2 Caleb Hennessey		Christ the King	36.84m
32.48m 30.12m 36.84m 34.23m 33.42m 31.60m			
3 Ali Mahmoud		Brebeuf	36.30m
29.98m FOUL 24.31m 29.52m 36.30m 29.94m			
4 Griffin Taylor		Georgetown	32.84m
24.52m 28.00m 20.79m 24.62m 32.84m 25.15m			
5 Joey Fucciarelli		St. Thomas More	30.96m
26.24m 30.96m 24.62m 24.98m 30.23m 21.62m			
6 Alex Semenov		Assumption	29.56m
29.17m 25.02m FOUL FOUL 22.94m 29.56m			
7 Vincent Barbon		Bishop Tonnos	27.64m
22.09m 25.06m 27.64m 24.68m FOUL FOUL			
8 Luc Hewitt		Assumption	27.34m
FOUL 27.34m FOUL FOUL 25.97m 24.70m			
9 Ryne Thacker		Blakelock	26.43m
26.43m 25.91m FOUL			
10 Andrew Fairs		Abbey Park	25.21m
FOUL 25.21m 20.86m			
11 Joshua Bouchard		Esc Sainte-T	23.73m
23.73m 20.76m FOUL			
12 Michael Mattei		St. Thomas More	23.22m
19.38m 23.22m 20.01m			
13 Domenico Renzone		Holy Trinity	22.30m
FOUL FOUL 22.30m			
14 Jared Watson		Dr Frank J H	21.07m
20.97m FOUL 21.07m			
15 Patrik Levins		Georgetown	20.12m
20.12m 17.02m 12.94m			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Junior****16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Ikechukwu Usifo	St. Thomas More	11.52Q	7
2 Nelson Kabisoso	Bishop Ryan	11.77Q	3
3 Marqus Rookwood	St. Thomas More	11.81Q	5
4 Bradley Pinkrah	Bishop Reding	11.84Q	6
5 Vincent Irobun	St. Thomas More	11.99Q	4
6 Riley Wellstead	Cardinal Newman	12.26Q	1
7 Anthony DiLorenzo	Jean Vanier	12.28Q	2
8 Matt Ayala	Georgetown	11.98q	5
9 Aidan Delorme	Assumption	12.27q	1
10 Dion Renaud	Cathedral	12.30q	1
11 Brian Koehler	Notre Dame	12.35q	7
12 Boniface Amoah	Christ the King	12.36q	2
13 Stephen Szulc	Holy Trinity	12.43q	4
14 Anthony Grigg	Bishop Ryan	12.48q	3
15 Christopher Nguyen	Brebeuf	12.59q	6
16 Stephen DeJong	Kings Christian	12.67q	7
17 Javan Gilbert-Elliston	Cathedral	12.74	1
18 Austin Christensen	Garth Webb	12.82	7
19 Nathan Sartor	Bishop Tonnos	12.88	1
20 Dominic Walker	Georgetown	12.90	2
21 Samir Singh	Kings Christian	12.99	7
22 Thomas Borer	Bishop Tonnos	13.03	4
23 Mitch Barlow	Bishop Tonnos	13.06	4
24 Fawzi Zarour	Bishop Ryan	13.09	5
25 Luca Trombetta	Bishop Tonnos	13.21	1
26 Liam Burgoyne	Georgetown	13.23	4
27 Randy Shao	Iroquois Ridge	13.24	6
28 Andy Melo	Georgetown	13.25	1
29 Adam Misiewicz	Iroquois Ridge	13.27	1
30 Michael DiStefano	Bishop Ryan	13.32	6
31 Brynmor Dayes	Bishop Tonnos	13.35	5
32 Nicholas Furlano	Cardinal Newman	13.63	2
33 Keith Meuma	Jean Vanier	13.67	5
34 Malcolm Fellows	Christ the King	13.68	4
35 Jacob Clyde	Oakville Trafalgar	13.72	7
36 Max Legg	M. M. Robinson	14.13	3
37 Marc George	Bishop Reding	14.39	4
38 Simon Swanson	M. M. Robinson	14.62	2
39 Camilo Romero	Jean Vanier	15.09	3

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Ikechukwu Usifo	St. Thomas More	11.37Q	2
2 Marqus Rookwood	St. Thomas More	11.55Q	1
3 Bradley Pinkrah	Bishop Reding	11.61Q	2
4 Nelson Kabisoso	Bishop Ryan	11.72Q	1
5 Vincent Irobun	St. Thomas More	11.71Q	2
6 Anthony DiLorenzo	Jean Vanier	12.00Q	1
7 Matt Ayala	Georgetown	11.84q	2
8 Dion Renaud	Cathedral	12.13q	1 12.125
9 Brian Koehler	Notre Dame	12.13	1 12.128
10 Aidan Delorme	Assumption	12.14	2 12.126 12.134
11 Riley Wellstead	Cardinal Newman	12.14	1 12.136
12 Boniface Amoah	Christ the King	12.14	2 12.138
13 Stephen Szulc	Holy Trinity	12.17	2
14 Anthony Grigg	Bishop Ryan	12.41	1
15 Christopher Nguyen	Brebeuf	12.50	1
16 Stephen DeJong	Kings Christian	12.61	2



**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men 100 Meter Dash Junior**

Name	Year School	Finals
Finals		
1 Ikechukwu Usifo	St. Thomas More	11.32
2 Bradley Pinkrah	Bishop Reding	11.50
3 Marqus Rookwood	St. Thomas More	11.54
4 Vincent Irobun	St. Thomas More	11.67
5 Nelson Kabisoso	Bishop Ryan	11.68
6 Matt Ayala	Georgetown	11.71
7 Anthony DiLorenzo	Jean Vanier	12.04
8 Dion Renaud	Cathedral	12.20

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Junior****16 Advance: Top 1 Each Heat plus Next 10 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Bradley Pinkrah	Bishop Reding	23.43Q	6
2 Ikechukwu Usifo	St. Thomas More	23.48Q	3
3 Marqus Rookwood	St. Thomas More	23.85Q	4
4 Vincent Irobun	St. Thomas More	23.87Q	5
5 Riley Wellstead	Cardinal Newman	25.09Q	1
6 Dion Renaud	Cathedral	25.09Q	2
7 Liam Ford	Aldershot	23.96q	5
8 Matt Ayala	Georgetown	24.36q	3
9 Israel Perrin	St. Thomas More	24.61q	6
10 Mateo Balaban	Notre Dame	25.22q	1
11 Aidan Delorme	Assumption	25.25q	4
12 Boniface Amoah	Christ the King	25.26q	2
13 Stephen Szulc	Holy Trinity	25.59q	3
14 Anthony Grigg	Bishop Ryan	25.68q	5
15 Javan Gilbert-Elliston	Cathedral	25.75q	4
16 Justin Garcia	Brebeuf	25.77q	3
17 Levar Anderson	Bishop Ryan	25.83	1
18 Stephen DeJong	Kings Christian	26.02	3
19 Christopher Nguyen	Brebeuf	26.03	1
20 Justin Lavictoire	Christ the King	26.14	4
21 Richard To	Bateman	26.14	1
22 Nathan Sartor	Bishop Tonnos	26.21	5
23 Zak Stulla	St. Mary's	26.46	2
24 Ans Riaz	Aquinas	26.52	1
25 Dominic Walker	Georgetown	26.67	3
26 Randy Shao	Iroquois Ridge	26.69	1
27 Adam Misiewicz	Iroquois Ridge	26.74	4
28 Efosa Omorogbe	St. Thomas More	26.82	6
29 Luca Trombetta	Bishop Tonnos	26.87	2
30 Ian Headrick	Oakville Trafalgar	26.97	5
31 Ricardo Espinoza	Loyola	27.01	4
32 Michael DiStefano	Bishop Ryan	27.27	6
33 Samir Singh	Kings Christian	27.34	2
34 Ethan Kim	Kings Christian	27.68	6
35 Alex Lethbridge	Christ the King	28.10	5
36 Colin Thomson	Acton	28.12	2
37 Coulter Macdonald	M. M. Robinson	28.26	1
38 Brandon Young	Nelson	28.56	6
39 Ryan Vuong	Bateman	28.77	5
40 Mark Akladious	Iroquois Ridge	28.84	4

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Ikechukwu Usifo	St. Thomas More	22.98Q	1
2 Bradley Pinkrah	Bishop Reding	23.12Q	2
3 Marqus Rookwood	St. Thomas More	23.55Q	1
4 Matt Ayala	Georgetown	23.78Q	2
5 Liam Ford	Aldershot	24.40Q	1
6 Vincent Irobun	St. Thomas More	24.49Q	2
7 Israel Perrin	St. Thomas More	24.82q	2
8 Dion Renaud	Cathedral	24.85q	1
9 Boniface Amoah	Christ the King	24.90	2
10 Stephen Szulc	Holy Trinity	24.91	2
11 Mateo Balaban	Notre Dame	25.04	1
12 Aidan Delorme	Assumption	25.48	1
13 Javan Gilbert-Elliston	Cathedral	25.50	1
14 Riley Wellstead	Cardinal Newman	25.97	2
15 Anthony Grigg	Bishop Ryan	26.76	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Junior**

=====		
Name	Year School	Finals
=====		
Finals		
1 Ikechukwu Usifo	St. Thomas More	23.08
2 Bradley Pinkrah	Bishop Reding	23.25
3 Marqus Rookwood	St. Thomas More	23.27
4 Matt Ayala	Georgetown	23.86
5 Liam Ford	Aldershot	24.21
6 Vincent Irobun	St. Thomas More	24.43
7 Dion Renaud	Cathedral	25.66

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 400 Meter Dash Junior**

Name	Year School	Finals	H#
1 Israel Perrin	St. Thomas More	54.10	5
2 Liam Ford	Aldershot	54.32	5
3 Josh Selway	Aldershot	55.50	5
4 Justin Lavictoire	Christ the King	56.46	5
5 Efosa Omorogbe	St. Thomas More	58.02	5
6 Jalen Mason	Bishop Reding	58.04	5 58.032
7 Justin Garcia	Brebeuf	58.04	4 58.035
8 Noah Boin	Cardinal Newman	58.17	5
9 Adam Laporta	Notre Dame	58.29	4
10 Marcus Nandlal	Aquinas	58.84	1
11 Richard To	Bateman	59.45	4
12 Mateo Balaban	Notre Dame	1:00.18	4
13 Javan Gilbert-Elliston	Cathedral	1:00.34	3
14 Mitch Barlow	Bishop Tonnos	1:00.43	2
15 Stephen DeJong	Kings Christian	1:00.65	2
16 Jonathon Bowen	St. Thomas More	1:01.36	5
17 Andrew McBain	Nelson	1:02.14	3
18 Yu Yi Lim	Georgetown	1:02.41	3
19 Brynmor Dayes	Bishop Tonnos	1:03.15	2
20 Mark Montesino	Notre Dame	1:03.29	4
21 Brandon Young	Nelson	1:03.65	3
22 Alex Lethbridge	Christ the King	1:05.09	4
23 Darrien Gorvais	Cardinal Newman	1:05.35	3
24 Coulter Macdonald	M. M. Robinson	1:05.57	1
25 Jacob Michels	Cardinal Newman	1:08.42	3
26 Jean-Sebastian Pearce	Christ the King	1:08.69	4
27 Max Legg	M. M. Robinson	1:08.79	2
28 Matt Valaitis	Bishop Tonnos	1:10.82	2
29 Jason Van Winsen	M. M. Robinson	1:10.90	2
30 Kerolousa Abdelshaheed	Aquinas	1:17.96	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 800 Meter Run Junior**

Name	Year School	Finals	H#
1 Josh Selway	Aldershot	2:13.26	2
2 Lucas Johnston	St. Thomas More	2:16.66	2
3 Josh Menheere	Georgetown	2:16.69	2
4 Adam Laporta	Notre Dame	2:17.78	2
5 Marcus Nandlal	Aquinas	2:23.12	1
6 Thomas Green	Christ the King	2:23.41	2
7 Jonathon Bowen	St. Thomas More	2:23.45	2
8 Ian Chambers	M. M. Robinson	2:25.68	1
9 Richard To	Bateman	2:25.98	2
10 Ian Headrick	Oakville Trafalgar	2:26.27	1
11 Yu Yi Lim	Georgetown	2:26.64	2
12 Haydn Bennett	Georgetown	2:28.24	2
13 Quincy Cochrane	Milton	2:29.02	2
14 Quentin DiBenedetto	Bishop Tonnos	2:33.71	1
15 Andrew Dai	Iroquois Ridge	2:34.16	1
16 Jean-Sebastian Pearce	Christ the King	2:35.60	2
17 Pascal Nu-Voreau	Esc Sainte-T	2:43.65	1
18 Nathan Lisulov	Jean Vanier	2:44.17	1
19 Henry McMann	Bateman	2:47.28	1
20 Jason Van Winsen	M. M. Robinson	2:53.84	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 1500 Meter Run Junior**

Name	Year School	Finals
1 Cam Cherwaiko	Christ the King	4:26.82
2 Luke Mawhinney	Notre Dame	4:28.51
3 Lucas Johnston	St. Thomas More	4:45.34
4 Ian Chambers	M. M. Robinson	4:46.48
5 Ivan Zdane	Georgetown	4:49.73
6 Adam Kislinsky	St. Thomas More	4:54.91
7 Chad Nadin	Oakville Trafalgar	5:04.49
8 Jesus Garcia	Loyola	5:07.72
9 Mitchell Shorgan	Christ the King	5:08.56
10 Quentin DiBenedetto	Bishop Tonnos	5:09.20
11 Quincy Cochrane	Milton	5:13.75
12 Jean-Sebastian Pearce	Christ the King	5:21.07
13 Brian Secord	Acton	5:22.70
14 Christopher Academia	Loyola	5:23.81
15 Evan Turgeon	Blakelock	5:33.87
16 Andrew Dai	Iroquois Ridge	5:36.66
17 Ben Gray	Christ the King	5:38.50
18 Henry McMann	Bateman	5:51.90

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 3000 Meter Run Junior**

Name	Year School	Finals
1 Luke Mawhinney	Notre Dame	9:45.42
2 Cam Cherwaiko	Christ the King	9:54.56
3 Ivan Zdane	Georgetown	10:37.72
4 Brian Secord	Acton	11:55.84
5 Henry McMann	Bateman	13:29.92



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Hurdles Junior**

Name	Year School	Finals	H#
1 Nelson Kabisoso	Bishop Ryan	15.88	2
2 Juan Jiminez	Christ the King	17.02	2
3 Jacob Clyde	Oakville Trafalgar	17.16	2
4 Bernard Miskic	Cathedral	18.19	2
5 Stephen Szulc	Holy Trinity	18.47	2
6 Reid Fenwick	Iroquois Ridge	19.85	1
7 Broedy Lomboy	Cathedral	19.96	1
8 Ans Riaz	Aquinas	21.30	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 300 Meter Hurdles Junior**

=====				
Name	Year	School	Finals	
=====				
1	Josh	Menheere	Georgetown	45.91
2	Bernard	Miskic	Cathedral	46.26
3	Jalen	Mason	Bishop Reding	46.37
4	Marcus	Nandlal	Aquinas	50.73
5	Stuart	McGucken	Georgetown	51.00
6	Mark	Akladius	Iroquois Ridge	53.32

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 4x100 Meter Relay Junior**

School	Finals	H#
1 St. Thomas More 'A'	45.40	3
1) Ikechukwu Usifo	2) Marqus Rookwood	
3) Vincent Irobun	4) Israel Perrin	
2 Bishop Ryan 'A'	46.60	3
1) Levar Anderson	2) Nelson Kabisoso	
3) Adrian Dimaculangan	4) Anthony Grigg	
3 Georgetown 'A'	48.70	3
1) Matt Ayala	2) Andy Melo	
3) Liam Burgoyne	4) Dominic Walker	
4 Notre Dame 'A'	48.90	3
5 Bishop Tonnos 'A'	50.00	1
1) Luca Trombetta	2)	
3) Thomas Borer	4) Nathan Sartor	
6 Cathedral 'A'	50.09	2
1) Bernard Miskic	2) Dion Renaud	
3) Broedy Lomboy	4) Javan Gilbert-Elliston	
7 Brebeuf 'A'	50.40	3
1) Christopher Nguyen	2) Justin Garcia	
3) Makai Shand	4) Connor Vilar	
8 Oakville Trafalgar 'A'	50.67	2
1) Saajid Aman	2) Liam Alridge-Leckie	
3) Ian Headrick	4) Cyrus Sedaghat	
9 Garth Webb 'A'	51.00	3
1) Young Jae In	2)	
3) Vahaab Ladha	4) Jacob Martino	
10 Kings Christian 'A'	51.39	1
1) Ade Laraiyatan	2) Ethan Kim	
3) Stephen DeJong	4) Noah Farrell	
11 Cardinal Newman 'A'	51.77	2
1) Riley Wellstead	2) Darrien Gorvais	
3) Robert Bui	4) Gareth Boyle	
12 Bateman 'A'	52.90	3
1) Ryan Vuong	2) William Cassar	
3) Rahman Saeed	4) Richard To	
13 Iroquois Ridge 'A'	53.12	1
1) Mark Akladius	2) Adam Misiewicz	
3) Randy Shao	4) Leon Arkhipov	
14 Aquinas 'A'	54.63	2
1) Ans Riaz	2) Marcus Nandlal	
3) Nicholas Mezei	4) Yousef Aldeek	
15 Nelson 'A'	54.81	2
1) Brandon Young	2) Andrew McBain	
3) Michael Lehmann	4) Andrew Spelman	
16 M. M. Robinson 'A'	57.45	2
1) Keyan Hatami	2) Max Legg	
3) Simon Swanson	4) Devon Downie	
-- Loyola 'A'	DQ	1
1) Alex Roman	2) Josh Service	
3) Sebastian Gomez	4) Ricardo Espinoza	

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men High Jump Junior**

Name	Year	School	Finals
1 Josh Menheere		Georgetown	1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
O O O O O XXX			
2 Thomas Green		Christ the King	J1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
O O XO XO O XXX			
3 Mitchell Shorgan		Christ the King	J1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
O O O XXO XO XXX			
4 Aryan Sharma		Bishop Reding	J1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
O O O XO XXO XXX			
4 Adrian Dimaculangan		Bishop Ryan	J1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
O O O XO XXO XXX			
6 Juan Jiminez		Christ the King	1.55m
1.40 1.45 1.50 1.55 1.60			
O O XO O XXX			
7 Liam Burgoyne		Georgetown	J1.55m
1.40 1.45 1.50 1.55 1.60			
XO O XO XXO XXX			
8 Jalen Mason		Bishop Reding	1.45m
1.40 1.45 1.50 1.55 1.60 1.65			
XO XO P P P XXX			
9 Seyar Ahmadi		Brebeuf	1.40m
1.40 1.45			
XO XXX			
-- Stuart McGucken		Georgetown	NH
1.40			
XXX			
-- Malcolm Fellows		Christ the King	NH
1.40			
XXX			
-- Justin Garcia		Brebeuf	NH
1.40			
XXX			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Long Jump Junior**

Name	Year	School	Finals
1 Yihang Qin		Abbey Park	5.79m
5.58m 5.79m 5.50m			
2 Adrian Dimaculangan		Bishop Ryan	5.33m
5.02m 5.22m 5.24m 5.17m FOUL 5.33m			
3 Levar Anderson		Bishop Ryan	5.09m
4.36m 4.59m 4.73m 4.76m 4.95m 5.09m			
4 Riley Wellstead		Cardinal Newman	5.07m
4.59m 4.82m 4.63m 5.07m FOUL			
5 Alex Roman		Loyola	5.03m
5.00m FOUL 4.90m 5.03m 4.90m 4.54m			
6 Makai Shand		Brebeuf	4.93m
4.43m 4.93m 4.77m 4.89m 4.79m 4.91m			
7 Boniface Amoah		Christ the King	4.72m
FOUL 4.34m 4.72m FOUL 4.72m 4.64m			
8 Juan Jiminez		Christ the King	4.71m
4.71m 4.57m 4.26m FOUL			
9 Christopher Nguyen		Brebeuf	4.62m
4.23m 4.45m 4.62m			
10 Stuart McGucken		Georgetown	4.56m
4.56m 4.01m			
11 Aryan Sharma		Bishop Reding	4.41m
4.41m 3.97m FOUL			
12 Seyar Ahmadi		Brebeuf	4.38m
4.11m 4.28m 4.38m			
13 Michael Mancini		Bishop Ryan	4.35m
4.35m 4.27m FOUL			
14 Fawzi Zarour		Bishop Ryan	4.30m
4.22m 4.30m 4.08m			
15 Michael Lehmann		Nelson	4.29m
3.72m 4.29m 4.21m			
16 Ryan Vuong		Bateman	4.24m
3.71m 4.24m FOUL			
17 Andy Melo		Georgetown	4.20m
FOUL FOUL 4.20m			
18 Andres Tinoco		Corpus Christi	4.15m
4.15m 4.15m			
19 Josh Brent		Georgetown	4.11m
4.03m 3.70m 4.11m			
20 Elvin Campbell		Craig Kielburger	4.01m
3.99m 4.01m			
21 Adam Kislinsky		St. Thomas More	3.91m
3.89m 3.91m			
22 Pascal Nu-Voreau		Esc Sainte-T	3.75m
3.75m x x			
23 Simon Swanson		M. M. Robinson	3.66m
3.66m x x			
24 Gareth Boyle		Cardinal Newman	3.12m
3.12m			
25 Andrew Spelman		Nelson	2.31m
2.31m FOUL			
-- Sebastian Gomez		Loyola	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men Triple Jump Junior**

Name	Year	School	Finals
1 Yihang Qin		Abbey Park	11.72m
11.72m	FOUL	FOUL	
2 Matt Ayala		Georgetown	10.57m
10.25m	10.29m	10.45m	10.57m
10.17m			
3 Makai Shand		Brebeuf	10.25m
9.13m	9.62m	9.67m	10.13m
10.25m	10.11m		
4 Seyar Ahmadi		Brebeuf	9.92m
9.70m	FOUL	9.59m	9.92m
FOUL	9.65m		
5 Josh Brent		Georgetown	9.82m
9.68m	9.18m	9.10m	9.82m
9.41m	FOUL		
6 Ans Riaz		Aquinas	9.56m
8.81m	8.81m	9.35m	9.51m
9.39m	9.56m		
7 Michael Mancini		Bishop Ryan	8.49m
FOUL	FOUL	8.19m	8.28m
FOUL	8.49m		
8 Austin Fraser		Burlington Central	8.22m
8.22m	8.12m		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Shot Put Junior**

Name	Year	School	Finals
1 Simon Black		Milton	13.84m
13.24m 12.93m 12.91m		FOUL 12.84m 13.84m	
2 Bradley Pinkrah		Bishop Reding	12.57m
12.26m 12.57m 11.92m		FOUL 11.18m FOUL	
3 Riley Graham		Brebeuf	11.95m
10.29m 11.95m 10.31m		11.05m 0.95m FOUL	
4 Ben Gray		Christ the King	11.90m
11.90m 11.37m 10.81m		10.05m 10.16m 10.21m	
5 Spencer Kennedy		St. Thomas More	10.82m
10.30m 10.27m 10.43m		10.82m 10.46m 10.45m	
6 Calum Monk		Craig Kielburger	10.69m
10.26m 10.10m 10.10m		10.06m 9.67m 10.69m	
7 Said Sameer Aziz		Jean Vanier	10.01m
9.92m 8.17m 9.60m		9.28m FOUL 10.01m	
8 Ethan Kalra		Acton	9.82m
9.69m 9.65m 9.61m		9.82m 9.64m 9.80m	
9 Cameron Male		Notre Dame	9.51m
8.46m 9.31m 9.51m			
10 Adam Misiewicz		Iroquois Ridge	8.71m
8.71m 8.10m FOUL			
11 Steven Ciancone		Brebeuf	8.31m
FOUL 8.31m 7.58m			
12 Zayne Bhabha		Bishop Reding	7.43m
7.37m 7.29m 7.43m			

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men Discus Throw Junior**

Name	Year	School	Finals
1 Simon Black		Milton	35.37m
35.37m FOUL FOUL	28.73m	FOUL FOUL	
2 Riley Graham		Brebeuf	31.45m
FOUL 29.89m FOUL	31.45m	29.89m FOUL	
3 Ethan Kalra		Acton	27.80m
23.94m 26.28m 24.20m	24.59m	27.80m FOUL	
4 Jake Case		Acton	27.55m
25.87m 19.22m 24.04m	24.72m	24.74m 27.55m	
5 Mateo Balaban		Notre Dame	24.86m
FOUL 21.25m FOUL	24.86m	23.70m FOUL	
6 Cameron Male		Notre Dame	24.21m
22.66m 20.65m 24.21m	22.20m	21.93m 21.89m	
7 Said Sameer Aziz		Jean Vanier	22.90m
FOUL 20.22m 19.96m	22.90m	FOUL 22.85m	
8 Michael Lehmann		Nelson	22.72m
17.68m 19.69m 22.66m	22.46m	22.72m 21.84m	
-- Andrew Spelman		Nelson	FOUL
FOUL FOUL FOUL			



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Javelin Throw Junior**

Name	Year	School	Finals
1 Jacob Martino		Garth Webb	46.44m
44.60m 35.22m 38.76m 46.44m		FOUL FOUL	
2 Mitchell Shorgan		Christ the King	42.38m
34.07m 31.41m 42.38m 39.47m 39.78m 35.73m			
3 Andrew Spelman		Nelson	37.59m
31.30m 37.59m 35.56m 27.82m 32.07m 34.51m			
4 Justin Lavictoire		Christ the King	36.09m
36.09m 28.08m 31.35m 31.21m 32.65m FOUL			
5 Austin Fraser		Burlington Central	36.08m
30.00m 36.08m 27.81m 35.45m 34.90m 34.72m			
6 Calum Monk		Craig Kielburger	35.95m
35.49m 33.80m 35.95m 34.10m FOUL 32.60m			
7 Josh Service		Loyola	35.03m
33.80m 35.03m 31.71m 30.77m 30.33m 30.31m			
8 Thomas Green		Christ the King	34.98m
34.98m 25.47m 20.87m 29.72m 29.50m 23.12m			
9 Young Jae In		Garth Webb	30.82m
30.82m FOUL FOUL			
10 Matt Valaitis		Bishop Tonnos	30.37m
28.70m 30.37m FOUL			
11 Ben Percival		Garth Webb	30.16m
FOUL 30.16m FOUL			
12 Santiago Usma		Brebeuf	28.65m
25.06m 28.63m 28.65m			
13 Said Sameer Aziz		Jean Vanier	28.53m
28.53m 26.18m 26.05m			
14 Michael Lehmann		Nelson	28.44m
FOUL 24.49m 28.44m			
15 Ryan Vuong		Bateman	28.27m
28.27m 26.87m 25.26m			
16 Malcolm Fellows		Christ the King	27.65m
20.65m 23.87m 27.65m			
17 Steven Ciancone		Brebeuf	26.43m
25.25m 26.43m 24.24m			
18 Spencer Kennedy		St. Thomas More	21.89m
FOUL FOUL 21.89m			
19 Bill Huynh		Brebeuf	20.93m
FOUL 20.93m 19.75m			
20 Brian Secord		Acton	17.97m
FOUL 16.32m 17.97m			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Senior****16 Advance: Top 1 Each Heat plus Next 7 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Matthew Creelman	Holy Trinity	11.07Q	9
2 Nathan Egert	Nelson	11.33Q	8
3 Joshua Bowen	St. Thomas More	11.35Q	7
4 Kyle Rioux	Garth Webb	11.42Q	2
5 Tohma Van Bergen	Bateman	11.70Q	3
6 Rashid Archer	Blakelock	11.74Q	4
7 Michael Chris-Ike	St. Thomas More	11.75Q	5
8 Tyrell Smikle	Jean Vanier	11.79Q	1
9 Taj Adams-Phillips	Kings Christian	11.84Q	6
10 Aaron Inwood	St. Mary's	11.63q	2
11 Yann Kongal	St. Thomas More	11.85q	5
12 James Mrkobrada	Kings Christian	11.87q	1
13 Adam Czach	Holy Trinity	11.90q	8
14 Emanoeil Khacho	Kings Christian	11.93q	9
15 David Lacharity	Brebeuf	11.97q	6
16 Robert Normandeau	Notre Dame	12.01q	4
17 Adam Rochon	Craig Kielburger	12.03	9
18 Jaxon Ciraolo-Brown	Cathedral	12.04	3
19 Quinn Prichard	Nelson	12.05	6
20 Ryan Kwast	Iroquois Ridge	12.07	8
21 Grant Vassos	Iroquois Ridge	12.13	4
22 Jason Billau	Iroquois Ridge	12.14	4 12.139
23 Nick Cachia	Christ the King	12.14	7 12.140
24 Eric Merritt	Brebeuf	12.20	3
25 Mykal Hamilton	Aquinas	12.23	2
26 Yahya Islam	Iroquois Ridge	12.29	6
27 Jodelle Gilliard	Bishop Reding	12.39	8
28 Anthony Vespa	Bishop Tonnos	12.41	4 12.406
29 Kai Cayenne	Dr Frank J H	12.41	7 12.409
30 Adama Cayenne	Dr Frank J H	12.42	4
31 Robbie Walker	Nelson	12.49	6
32 Silvio Passaro	Cardinal Newman	12.53	7
33 Lucas Cummings Watson	Aldershot	12.59	4
34 Riley King	Iroquois Ridge	12.62	5
35 Nathan Gaynor	Kings Christian	12.67	5
36 Zack Duke	Christ the King	12.74	9
37 Joren Wilson	Dr Frank J H	12.82	5
38 Jermaine Bryan	Jean Vanier	12.86	3
39 Jovan Dallaire	Jean Vanier	12.92	2
40 Coleman McNevin	Blakelock	13.07	1
41 Ben Murdock	M. M. Robinson	13.13	4
42 Travis Hunter	Georgetown	13.17	9
43 Michael Shea	Burlington Central	13.24	2
44 Nick Adolfo	Christ the King	13.30	2
45 Joevanne Bryan	Jean Vanier	13.31	2
46 Sean Grecco	Blakelock	13.39	5
47 Nick Furtado	Bishop Tonnos	13.42	5
48 Darshin Patel	Nelson	13.54	6
49 Aravind Rammohan	Cardinal Newman	13.58	1
50 Brayden McGuire	Georgetown	13.63	8

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**....Men 100 Meter Dash Senior**

51	Sina Majdi	Oakville Trafalgar	13.70	2
52	Parker Crawford	Oakville Trafalgar	13.80	3
53	Gregory Glen	Georgetown	14.23	3
54	Mike Laton	Georgetown	14.28	7
55	Sparsh Kapar	Craig Kielburger	15.74	9
56	Kever Montoya	St. Mary's	16.11	8

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Nathan Egert	Nelson	11.06Q	1
2 Matthew Creelman	Holy Trinity	11.14Q	2
3 Joshua Bowen	St. Thomas More	11.33Q	1
4 Kyle Rioux	Garth Webb	11.48Q	2
5 Tyrell Smikle	Jean Vanier	11.60Q	2
6 Michael Chris-Ike	St. Thomas More	11.61Q	1
7 James Mrkobrada	Kings Christian	11.67q	2
8 Tohma Van Bergen	Bateman	11.68q	2
9 Emanoeil Khacho	Kings Christian	11.83	1
10 David Lacharity	Brebeuf	11.88	1
11 Yann Kongal	St. Thomas More	12.01	1
12 Robert Normandeau	Notre Dame	12.04	2
13 Adam Czach	Holy Trinity	12.09	2
14 Taj Adams-Phillips	Kings Christian	13.20	2
-- Rashid Archer	Blakelock	FS	1
-- Aaron Inwood	St. Mary's	FS	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash Senior**

=====		
Name	Year School	Finals
=====		
Finals		
1 Nathan Egert	Nelson	11.05
2 Joshua Bowen	St. Thomas More	11.47
3 Kyle Rioux	Garth Webb	11.49
4 Tyrell Smikle	Jean Vanier	11.57
5 Matthew Creelman	Holy Trinity	11.63
6 James Mrkobrada	Kings Christian	11.81
7 Emanoeil Khacho	Kings Christian	14.41

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Senior****16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Tohma Van Bergen	Bateman	23.29Q	2
2 Nathan Egert	Nelson	23.31Q	7
3 Joshua Bowen	St. Thomas More	23.35Q	6
4 Rashid Archer	Blakelock	23.62Q	5
5 Yann Kongal	St. Thomas More	23.67Q	4
6 James Mrkobrada	Kings Christian	23.83Q	3
7 Tyrell Smikle	Jean Vanier	23.83Q	1
8 Mosiah Musgrave Perry	St. Thomas More	23.66q	2
9 Aaron Inwood	St. Mary's	23.66q	5
10 Adam Czach	Holy Trinity	23.77q	6
11 Tanner Watts	Holy Trinity	23.83q	2
12 Devon Smith	Cardinal Newman	24.10q	7
13 Quinn Prichard	Nelson	24.17q	4
14 Cody Versluis	Brebeuf	24.20q	5
15 Nick Cachia	Christ the King	24.42q	6
16 Jason Billau	Iroquois Ridge	24.81q	1
17 Adama Cayenne	Dr Frank J H	24.87	2
18 Yahya Islam	Iroquois Ridge	25.01	4
19 Ryan Keenie	Georgetown	25.15	7
20 Jodelle Gilliard	Bishop Reding	25.19	2
21 Eric Merritt	Brebeuf	25.25	3
22 David Lacharity	Brebeuf	25.45	1
23 Silvio Passaro	Cardinal Newman	25.50	4
24 Spencer Caldwell	Pearson	25.53	3
24 Anthony Vespa	Bishop Tonnos	25.53	1
26 Nolan Ross	Dr Frank J H	25.62	6
27 Jack Turchet	Loyola	26.39	1
28 Alex Geske	Bishop Ryan	26.47	3
29 Justin Capzzano	Oakville Trafalgar	26.51	5
30 Gabe Cabrita	Georgetown	26.61	1
31 Coleman McNevin	Blakelock	26.72	2
32 Jovan Dallaire	Jean Vanier	26.83	7
33 Justus Madott-Solomon	Bishop Ryan	26.99	6
34 Travis Hunter	Georgetown	27.14	5
-- Sebastian Sanchez	Christ the King	DNF	7

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Senior**

**16 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====		
Name	Year School	Semis
=====		
Semi-Finals		
1 Nathan Egert	Nelson	22.35Q
2 Tyrell Smikle	Jean Vanier	23.55Q
3 James Mrkobrada	Kings Christian	23.61Q
4 Adam Czach	Holy Trinity	23.64q
5 Joshua Bowen	St. Thomas More	23.76q
6 Tanner Watts	Holy Trinity	23.85q
7 Cody Versluis	Brebeuf	24.23q
8 Nick Cachia	Christ the King	24.31q

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 200 Meter Dash Senior**

Name	Year School	Finals	H#
Finals			
1 Nathan Egert	Nelson	22.04	1
2 Tohma Van Bergen	Bateman	22.66	2
3 Aaron Inwood	St. Mary's	23.33	2
4 Mosiah Musgrave Perry	St. Thomas More	23.49	2
5 Rashid Archer	Blakelock	23.50	2
6 Yann Kongal	St. Thomas More	23.56	2
7 James Mrkobrada	Kings Christian	23.60	1
8 Adam Czach	Holy Trinity	23.64	1
9 Tyrell Smikle	Jean Vanier	23.90	1
10 Joshua Bowen	St. Thomas More	24.04	1
11 Quinn Prichard	Nelson	24.41	2
12 Jason Billau	Iroquois Ridge	24.48	2
13 Nick Cachia	Christ the King	24.49	1



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 400 Meter Dash Senior**

Name	Year School	Finals	H#
1 Jordan Mabbott	Abbey Park	51.34	4
2 Patrick Cupido	Brebeuf	52.00	4
3 Tanner Watts	Holy Trinity	53.23	4
4 Devon Smith	Cardinal Newman	53.24	4
5 John Hernandez	St. Thomas More	54.38	3
6 Sean VanderGlas	Georgetown	54.41	4
7 Michael Morosin	St. Thomas More	55.08	4
8 Jalen Warren	Bishop Reding	55.95	3
9 Skylar Kraus	Acton	56.03	1
10 Alex Costello	Georgetown	56.83	2
11 Adrian Flaherty	Holy Trinity	56.90	1
12 Alex Daigle	Christ the King	57.08	3
13 Cody Versluis	Brebeuf	57.18	2
14 Pranay Thakker	Dr Frank J H	57.37	2
15 Mosiah Musgrave Perry	St. Thomas More	57.40	3
16 Jordan Dearsley	Kings Christian	59.68	1
17 Nolan Ross	Dr Frank J H	59.71	2
18 Dennis Webber	Bishop Tonnos	1:00.22	1
19 Andrew Whelan	Christ the King	1:00.58	3
20 Andrew Glanville	St. Thomas More	1:00.61	4
21 Alex Geske	Bishop Ryan	1:01.05	2
22 Jasen Topping	Cardinal Newman	1:01.86	2
23 Michael Dodaro	Iroquois Ridge	1:02.42	1
24 Josh McCabe	Christ the King	1:02.48	2
25 Alec Meneses	Christ the King	1:04.07	3
26 Justus Madott-Solomon	Bishop Ryan	1:05.47	2
27 Moses Ye	Iroquois Ridge	1:10.20	1
28 Kyle Goodrum	M. M. Robinson	1:10.80	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 800 Meter Run Senior**

Name	Year School	Finals	H#
1 Alex Broekhuysse	St. Thomas More	2:02.15	2
2 Ryan Were	Nelson	2:03.07	2
3 Robert Scott	Garth Webb	2:03.60	2
4 Sean VanderGlas	Georgetown	2:05.76	2
5 Brayden Tiels	Garth Webb	2:08.23	2
6 John Hernandez	St. Thomas More	2:08.84	2
7 Connor Hicks	Blakelock	2:13.94	2
8 Spencer Caldwell	Pearson	2:15.31	1
9 Devon Smith	Cardinal Newman	2:15.87	2
10 Skylar Kraus	Acton	2:16.57	1
11 Alex Daigle	Christ the King	2:17.58	2
12 Pranay Thakker	Dr Frank J H	2:17.97	1
13 Tanner Ellis	Christ the King	2:18.41	2
14 Josh Nardini	Cardinal Newman	2:18.92	2
15 Alex Costello	Georgetown	2:19.46	2
16 Jordan Dearsley	Kings Christian	2:20.70	1
17 Gianni Gabriele	St. Thomas More	2:22.49	1
18 Dennis Webber	Bishop Tonnos	2:25.67	1
19 Eric Grimminck	Nelson	2:27.95	2
20 Gianluca Figueiredo	Bishop Tonnos	2:28.88	1
21 Kyle Goodrum	M. M. Robinson	2:46.11	1
22 Ravi Patel	Oakville Trafalgar	2:47.15	1
23 Steven Liu	Loyola	2:47.87	1
24 Marcel Aguerreberry	Jean Vanier	2:51.62	1
25 Thomas Evers	Aquinas	2:52.56	1
26 Nick Esposto	Brebeuf	2:53.15	1
27 Lucas Lafleur	Bateman	2:54.16	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 1500 Meter Run Senior**

Name	Year School	Finals	H#
1 Liam Donnelly	St. Mary's	4:05.98	3
2 David Poloni	Dr Frank J H	4:08.62	3
3 Alex Broekhuysse	St. Thomas More	4:11.89	3
4 Ryan Were	Nelson	4:21.79	3
5 Robert Scott	Garth Webb	4:27.97	3
6 Roberto Lasso	Oakville Trafalgar	4:29.45	3
7 Eric Grimminck	Nelson	4:42.32	3
8 Josh Nardini	Cardinal Newman	4:42.53	3
9 Brandon Johnson	Oakville Trafalgar	4:47.21	3
10 Riley Stringer	Georgetown	4:47.90	3
11 Tanner Ellis	Christ the King	4:52.91	3
12 Matt Laxton	Georgetown	4:53.83	3
13 Matt Forrest	Garth Webb	4:57.13	3
14 Nick Thompson	Aldershot	4:57.23	1
15 Gianluca Figueiredo	Bishop Tonnos	4:58.20	1
16 Lucas Lafleur	Bateman	4:59.65	3
17 Ben Mora-Davison	Craig Kielburger	5:10.92	1
18 Anthony Vespa	Bishop Tonnos	5:10.97	3
19 Christian Fornasari	Loyola	5:19.68	1
20 Ryan Baldwin	Georgetown	5:21.83	1
21 Sang Jun Bak	Acton	5:22.66	1
22 Alec Martin	Georgetown	5:22.74	1
23 Matthew Casale	Blakelock	5:23.40	3
24 Michael Dodaro	Iroquois Ridge	5:23.61	3
25 Moses Ye	Iroquois Ridge	5:28.12	1
26 Brent Dorin	Brebeuf	5:32.45	1
27 Liam Durie	St. Mary's	5:32.93	3
28 Matt McGuire	Georgetown	5:34.95	3
29 Daniel Morrison	Kings Christian	5:35.50	1
30 Steven Liu	Loyola	5:49.69	1
31 Marcel Aguerreberry	Jean Vanier	6:13.53	1
32 Trevor Nagy	Brebeuf	7:07.85	1

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 3000 Meter Run Senior**

Name	Year School	Finals
1 David Poloni	Dr Frank J H	8:51.90
2 Liam Donnelly	St. Mary's	8:52.28
3 Daniel Toneguzzi	Loyola	9:43.94
4 Ryan Rudderham	Oakville Trafalgar	9:55.26
5 Roberto Lasso	Oakville Trafalgar	9:59.70
6 Brandon Johnson	Oakville Trafalgar	10:22.84
7 Brent Dorin	Brebeuf	10:39.22
8 Lucas Lafleur	Bateman	10:44.45
9 Michael Merrick	Oakville Trafalgar	10:47.21
10 Matt Laxton	Georgetown	10:49.79
11 Nick Thompson	Aldershot	10:57.81
12 Carson Terry	Blakelock	11:04.14
13 Daniel Morrison	Kings Christian	12:41.89
14 Steven Liu	Loyola	12:44.80
15 Moses Ye	Iroquois Ridge	13:21.97

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 110 Meter Hurdles Senior**

Name	Year School	Finals
1 Patrick Cupido	Brebeuf	15.58
2 David Lacharity	Brebeuf	16.46
3 Daniel Tibay	Bishop Tonnos	16.54
4 Nathan Petrie	Brebeuf	17.37
5 Justin Nash	Brebeuf	17.54
6 Ben Ray	Christ the King	17.56
7 Andrew Carey	Burlington Central	19.57
8 Justus Madott-Solomon	Bishop Ryan	21.13

**GHAC Track & Field Meet  
Mohawk Sports Park  
May17 R& 18, 2016  
Results**

**Men 400 Meter Hurdles Senior**

Name	Year School	Finals	H#
1 Patrick Cupido	Brebeuf	58.45	2
2 Jordan Mabbott	Abbey Park	58.79	2
3 Jalen Warren	Bishop Reding	1:03.09	2
4 Kurtis Page	Notre Dame	1:04.55	2
5 Daniel Tibay	Bishop Tonnos	1:05.53	1
6 Nathan Petrie	Brebeuf	1:07.60	2
7 Andrew Carey	Burlington Central	1:09.08	1
8 Justin Nash	Brebeuf	1:10.01	2
9 David Kilmartin	Blakelock	1:12.34	1
10 Ryan Keenie	Georgetown	1:16.45	2

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 4x100 Meter Relay Senior**

School	Finals	H#
1 St. Thomas More 'A'	45.02	3
1) Joshua Bowen	2) Michael Chris-Ike	
3) Yann Kongal	4) Mosiah Musgrave Perry	
2 Brebeuf 'A'	45.19	3
1) Nathan Petrie	2) Patrick Cupido	
3) David Lacharity	4) Aiden MacIssac	
3 St. Mary's 'A'	45.57	3
4 Bishop Reding 'A'	46.35	3
1) Jalen Warren	2) Jordan Brathwaite	
3) Nick Spencer	4) Bradley Pinkrah	
5 Kings Christian 'A'	46.74	1
1) Taj Adams-Phillips	2) Emanoeil Khacho	
3) James Mrkobrada	4) Nathan Gaynor	
6 Iroquois Ridge 'A'	47.21	3
1) Yahya Islam	2) Ryan Kwast	
3) Riley King	4) Grant Vassos	
7 Jean Vanier Catholic S.S. 'A'	48.26	3
8 Bishop Tonnos 'A'	48.41	1
1) Anthony Vespa	2) Nick Furtado	
3) Daniel Tibay	4) Gianluca Figueiredo	
9 Georgetown 'A'	49.04	2
1) Travis Hunter	2) Gabe Cabrita	
3) Ryan Keenie	4) Brayden McGuire	
10 Dr Frank J Hayden SS 'A'	49.68	2
1) Nolan Ross	2) Adama Cayenne	
3) Kai Cayenne	4) Joren Wilson	
11 Nelson 'A'	49.84	2
1) Nathan Egert	2) Robbie Walker	
3) Curtis Hull	4) Quinn Prichard	
12 Christ the King 'A'	50.38	3
1) Zack Duke	2)	
3) Boniface Amoah	4) Nick Cachia	
13 Burlington Central 'A'	51.75	2
1) Andrew Carey	2) Austin Fraser	
3) Michael Shea	4) Colin Stupak	
-- Bishop Ryan 'A'	DQ	2
1) Michael DiStefano	2) Martin Wleh	
3) Alex Geske	4) Justus Madott-Solomon	
-- Holy Trinity 'A'	DQ	3
1) Adam Czach	2) Tanner Watts	
3) Matthew Creelman	4) Stephen Szulc	

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men High Jump Senior**

Name	Year	School	Finals
1 Quinn Hiemstra		Craig Kielburger	1.85m
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90			
P P P P P P O XO XXX			
2 Max Grincourt		Blakelock	1.75m
1.50 1.55 1.60 1.65 1.70 1.75 1.80			
O O O O XO O XXX			
3 Samuel Villa		Craig Kielburger	J1.75m
1.50 1.55 1.60 1.65 1.70 1.75 1.80			
P P P P P XXO XXX			
4 Andrew Glanville		St. Thomas More	1.65m
1.50 1.55 1.60 1.65 1.70 1.75			
O O O O P XXX			
5 Jalen Warren		Bishop Reding	J1.65m Jump off 1.55-made
1.50 1.55 1.60 1.65 1.70			
O O XO XO XXX			
6 Ben Ray		Christ the King	J1.65m Jump off 1.55-miss
1.50 1.55 1.60 1.65 1.70			
O O XO XO XXX			
7 Jordan Brathwaite		Bishop Reding	J1.65m
1.50 1.55 1.60 1.65 1.70			
XO O XO XXO XXX			
8 Nick Spencer		Bishop Reding	1.60m
1.50 1.55 1.60 1.65			
XO O XO XXX			
9 Matt Laxton		Georgetown	J1.60m
1.50 1.55 1.60 1.65			
XO XO XO XXX			
10 Justin Nash		Brebeuf	1.55m
1.50 1.55 1.60			
O XXO XXX			
-- Lucas Cummings Watson		Aldershot	NH
1.50 1.55			
P XXX			
-- Mike Laton		Georgetown	NH
1.50			
XXX			
-- Robbie Walker		Nelson	NH
1.50			
XXX			
-- Eric Merritt		Brebeuf	NH
1.50			
XXX			



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Long Jump Senior**

Name	Year	School	Finals
1 Mathieu Marek		Iroquois Ridge	5.84m
5.84m 5.67m 5.46m 5.77m 5.71m 5.60m			
2 Greg Landry		Notre Dame	J5.84m
5.09m FOUL 5.45m FOUL 5.60m 5.84m			
3 Connor Vandergeer		St. Mary's	5.76m
5.76m 5.76m 5.67m 5.44m 5.53m 5.53m			
4 Nick Spencer		Bishop Reding	J5.76m
5.62m 5.76m FOUL 5.22m 5.50m 5.35m			
5 Joshua Bowen		St. Thomas More	5.70m
5.36m 5.70m 5.47m 5.16m			
6 Curtis Hull		Nelson	5.50m
4.85m 5.32m 5.41m FOUL 5.50m FOUL			
7 Austin Vanzyl		Aquinas	5.49m
5.47m 5.10m 5.49m 5.32m 5.34m 5.11m			
8 Phil Buskey		St. Mary's	5.45m
5.23m 5.25m 5.45m 4.94m FOUL			
9 Nathan Gaynor		Kings Christian	5.38m
5.15m 5.38m 5.18m			
10 Adam Rochon		Craig Kielburger	5.33m
FOUL 5.14m 5.33m			
11 Chase Bradshaw		Craig Kielburger	5.25m
FOUL 5.25m			
12 Grant Vassos		Iroquois Ridge	5.18m
4.98m 5.18m			
13 Ryan Kwast		Iroquois Ridge	5.13m
FOUL 5.13m			
13 Josh Howson		Georgetown	5.13m
FOUL FOUL 5.13m			
15 Quinn Prichard		Nelson	5.11m
5.02m 5.09m 5.11m			
16 McAnthony Anigwe		Corpus Christi	J5.11m
FOUL 5.11m 4.86m			
17 Nick Cachia		Christ the King	5.07m
4.88m 5.07m FOUL			
18 Ben Mora-Davison		Craig Kielburger	4.95m
4.95m 4.95m 4.65m			
19 Riley King		Iroquois Ridge	4.92m
FOUL 4.92m FOUL			
20 Andrew Whelan		Christ the King	4.88m
FOUL 4.88m FOUL			
21 Zack Duke		Christ the King	4.79m
4.23m 4.79m			
22 Ethan Hunter		Acton	4.77m
4.13m FOUL 4.77m			
23 Aiden MacIssac		Brebeuf	4.75m
4.60m 4.75m 4.52m			
24 Sparsh Kapar		Craig Kielburger	4.71m
4.71m x x			
25 Michael Shea		Burlington Central	4.65m
4.58m 4.65m 4.58m			
26 Gianluca Figueiredo		Bishop Tonnos	4.58m
4.05m 4.58m			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**....Men Long Jump Senior**

27 Tamoy Pryce	Aquinas	4.54m
4.54m 4.37m 4.52m		
28 David Mbokoo	Corpus Christi	4.47m
FOUL 4.47m FOUL		
29 Troy Bishop	Acton	4.45m
FOUL 4.45m FOUL		
30 Kevin Zhou	Iroquois Ridge	4.37m
4.37m 4.35m		
31 Ian Kokoski	Brebeuf	4.30m
FOUL 4.30m FOUL		
32 Jovan Dallaire	Jean Vanier	4.29m
FOUL 4.29m 4.19m		
33 Avery Fenton	Acton	3.84m
3.84m FOUL		
34 Filip Malinski	Loyola	3.77m
3.77m FOUL		
35 Kever Montoya	St. Mary's	3.76m
3.76m		
36 Robbie Walker	Nelson	2.87m
2.87m x x		
-- Gregory Glen	Georgetown	FOUL
FOUL		
-- Jermaine Bryan	Jean Vanier	FOUL
FOUL FOUL FOUL		
-- Thomas Evers	Aquinas	FOUL
FOUL FOUL FOUL		
-- John Hernandez	St. Thomas More	FOUL
FOUL FOUL		
-- Christian Fornasari	Loyola	FOUL
FOUL FOUL		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Triple Jump Senior**

Name	Year	School	Finals
1 Josh Howson		Georgetown	12.14m
FOUL	12.14m	11.76m	FOUL
			FOUL
			11.75m
2 Mathieu Marek		Iroquois Ridge	12.10m
12.10m	11.42m	FOUL	11.65m
			12.09m
			11.99m
3 Connor Vandergeer		St. Mary's	11.88m
11.70m	11.88m	FOUL	11.08m
			11.35m
			11.56m
4 Samuel Villa		Craig Kielburger	11.81m
11.81m	11.55m	11.73m	11.22m
			10.90m
			11.59m
5 Nick Spencer		Bishop Reding	11.47m
10.66m	10.76m	11.47m	FOUL
			FOUL
			11.26m
6 Jordan Brathwaite		Bishop Reding	11.46m
10.36m	11.13m	11.29m	11.33m
			11.30m
			11.46m
7 Riley King		Iroquois Ridge	11.37m
10.52m	10.80m	11.37m	10.80m
			10.66m
			10.81m
8 Kurtis Page		Notre Dame	11.31m
11.04m	10.10m	11.31m	11.20m
			11.23m
			10.94m
9 Mike Preston		Georgetown	11.01m
10.66m	11.01m	10.88m	
10 Curtis Hull		Nelson	10.92m
FOUL	10.92m	10.79m	
11 Lucas Cummings Watson		Aldershot	10.41m
10.41m	FOUL	9.95m	
12 Justin Morgan		Nelson	10.16m
10.10m	10.16m	10.15m	
13 Ian Kokoski		Brebeuf	10.15m
FOUL	FOUL	10.15m	
14 Darshin Patel		Nelson	10.09m
FOUL	FOUL	10.09m	
15 Don Huynh		Brebeuf	9.91m
9.58m	9.88m	9.91m	

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Shot Put Senior**

Name	Year	School	Finals
1 Cameron Madruga		Blakelock	13.03m
12.29m 12.38m 10.45m		12.15m 12.24m 13.03m	
2 Mitchell Thiele		Cardinal Newman	11.42m
11.23m 10.91m 10.87m		11.17m 10.72m 11.42m	
3 Ryan Gallagher		Brebeuf	11.32m
10.89m 11.32m 11.09m		10.87m 10.19m 10.26m	
4 Eyvindur Thorsteinsson		Aldershot	11.17m
11.10m 11.17m 10.76m		10.86m 10.00m FOUL	
5 John DiBerardo		St. Thomas More	11.08m
7.81m 9.45m 10.04m		11.08m 10.80m 10.95m	
6 Max Theune		Blakelock	11.04m
10.40m 10.81m 10.93m		10.71m 10.90m 11.04m	
7 Andrew Jones		Bishop Reding	10.93m
7.47m 10.93m 10.30m		10.57m 10.61m 10.84m	
8 Tyrese Romero		St. Thomas More	10.35m
10.30m 10.09m 10.24m		10.35m 10.29m 9.93m	
9 Michael Stanziani		Bishop Ryan	9.85m
7.48m 8.17m 9.85m			
10 Leo Petrovic		Brebeuf	9.47m
9.47m FOUL FOUL			
11 Jordan Brathwaite		Bishop Reding	9.02m
FOUL 9.02m			
12 Gianluca Iarrusso		Cardinal Newman	8.89m
8.89m 8.48m 8.28m			
13 Trevon Hamilton		St. Thomas More	8.71m
8.71m 8.36m 8.48m			
14 Nicolai Sauer		St. Mary's	8.68m
8.68m FOUL 8.05m			
15 Ben Webster		Brebeuf	8.34m
8.34m 8.07m 8.15m			
16 Kyle Sideris		Georgetown	8.13m
8.13m 8.13m 8.05m			
17 Ethan Helling		Bishop Ryan	8.05m
FOUL FOUL 8.05m			
18 Jakob Rosko		St. Mary's	7.74m
6.80m 7.74m FOUL			
19 Ali Shabbaz		Jean Vanier	7.72m
7.50m 6.33m 7.72m			
20 Kevin Zhou		Iroquois Ridge	7.65m
7.59m FOUL 7.65m			
21 Matt Miehm		Acton	7.52m
7.37m 7.24m 7.52m			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Discus Throw Senior**

Name	Year	School	Finals
1 Troy Bishop		Acton	31.55m
24.68m 31.55m 26.40m 28.15m 28.53m 28.95m			
2 Andrew Jones		Bishop Reding	31.35m
27.54m 28.27m 27.79m 30.44m 28.75m 31.35m			
3 John DiBerardo		St. Thomas More	31.08m
28.71m 28.32m 31.08m 29.13m 29.56m 28.18m			
4 Curtis Hull		Nelson	27.21m
22.68m 24.36m 25.45m 25.48m 26.33m 27.21m			
5 Basel Daibes		Assumption	26.60m
26.60m 25.84m 25.36m FOUL FOUL FOUL			
6 Leo Petrovic		Brebeuf	25.36m
FOUL 25.36m FOUL FOUL FOUL 25.12m			
7 Aiden McDonald		Georgetown	24.70m
23.48m 24.70m 22.55m FOUL FOUL 24.65m			
8 Ali Shabbaz		Jean Vanier	24.56m
23.63m 24.46m 24.56m FOUL 23.84m FOUL			
9 Max Theune		Blakelock	24.20m
FOUL 24.20m 19.21m			
10 Jake Alfano		Brebeuf	24.13m
FOUL 20.33m 24.13m			
11 Mathieu Marek		Iroquois Ridge	23.91m
FOUL 23.56m 23.91m			
12 Ben Webster		Brebeuf	23.18m
18.83m 23.18m 19.34m			
13 Nicolai Sauer		St. Mary's	23.05m
20.71m 23.05m 21.68m			
14 Tyrese Romero		St. Thomas More	22.59m
22.59m 22.32m 21.30m			
15 Ethan Helling		Bishop Ryan	22.33m
20.61m 22.33m 22.06m			
16 Kyle Sideris		Georgetown	21.62m
20.35m FOUL 21.62m			
17 Leonardo Hernandez		Bishop Ryan	21.54m
20.06m FOUL 21.54m			
18 Hadyb Brouwer		Burlington Central	20.73m
FOUL 19.38m 20.73m			
19 Kevin Zhou		Iroquois Ridge	19.89m
18.90m 19.89m FOUL			
20 Matthew D'Amico		Bishop Ryan	19.85m
19.47m 19.85m 19.20m			
21 Michael Stanziani		Bishop Ryan	19.61m
19.61m FOUL 16.05m			
22 Jakob Rosko		St. Mary's	18.21m
18.21m 16.25m FOUL			
23 Ben Laxton		Georgetown	15.97m
FOUL 14.23m 15.97m			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men Javelin Throw Senior**

Name	Year	School	Finals
1 Tohma Van Bergen		Bateman	46.55m
44.85m 46.55m 40.00m		FOUL FOUL	
2 Eric Bernhardt		Nelson	41.48m
34.08m 34.37m 36.70m 35.40m 38.87m 41.48m			
3 Justin Morgan		Nelson	40.55m
37.04m 33.36m 40.55m FOUL 32.72m 36.74m			
4 Jonathon Reid		Garth Webb	39.98m
39.98m 39.32m 37.04m 37.53m 39.41m FOUL			
5 Max Theune		Blakelock	39.00m
35.49m 35.52m 33.13m FOUL 39.00m FOUL			
6 Daniel Tibay		Bishop Tonnos	38.12m
FOUL 34.49m 38.12m 33.45m 37.54m FOUL			
7 Hadyn Brouwer		Burlington Central	35.38m
28.28m 32.60m 35.38m 35.12m 31.83m 34.01m			
8 Nicolai Sauer		St. Mary's	34.76m
34.13m 29.43m 30.20m 34.76m 32.83m 33.34m			
9 Owen Jarvis		St. Thomas More	32.57m
29.81m 32.05m 32.57m			
10 Jim Finch		Dr Frank J H	31.98m
31.98m 29.74m FOUL			
11 Jake Alfano		Brebeuf	31.77m
26.34m 31.77m 31.10m			
12 Cameron Madruga		Blakelock	31.61m
27.27m FOUL 31.61m			
13 Darshin Patel		Nelson	30.71m
30.71m 30.36m FOUL			
14 Trevon Hamilton		St. Thomas More	28.96m
28.96m 27.81m 28.68m			
15 Ali Shabbaz		Jean Vanier	26.81m
26.81m FOUL FOUL			
16 Matthew D'Amico		Bishop Ryan	26.62m
23.48m 26.62m 24.61m			
17 Ryan Gallagher		Brebeuf	25.92m
25.92m FOUL 24.80m			
18 Andre Punongbayan		Holy Trinity	25.65m
21.06m 22.73m 25.65m			
19 Nolan Ross		Dr Frank J H	23.90m
23.90m FOUL FOUL			
20 Peter Tran		Brebeuf	23.67m
23.67m FOUL FOUL			
21 Ben Murdock		M. M. Robinson	23.16m
19.72m 18.20m 23.16m			
22 Jakob Rosko		St. Mary's	21.33m
21.33m FOUL FOUL			
23 Nathan Harche		Holy Trinity	20.12m
FOUL 20.12m FOUL			
24 Tyrese Romero		St. Thomas More	19.63m
FOUL FOUL 19.63m			
25 Alec Martin		Georgetown	16.32m
16.32m FOUL FOUL			
-- Scott Leuty		Georgetown	FOUL
FOUL FOUL FOUL			

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**....Men Javelin Throw Senior**

-- Ben Laxton	Georgetown	FOUL
FOUL FOUL FOUL		
-- Fadi Waseem	Holy Trinity	FOUL
FOUL FOUL FOUL		
-- Michael Stanziani	Bishop Ryan	FOUL
FOUL FOUL FOUL		
-- Brian Palacios	Brebeuf	FOUL
FOUL FOUL FOUL		

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 2000 Meter Steeplechase Open**

Name	Year School	Finals
1 Robert Scott	Garth Webb	6:44.36
2 Eric Grimminck	Nelson	6:47.25
3 Sean VanderGlas	Georgetown	6:53.25
4 Brayden Tiels	Garth Webb	7:07.43
5 Andrew Whelan	Christ the King	7:12.92
6 Jack Turchet	Loyola	7:57.89
7 Aidan Horsman	Esc Sainte-T	7:58.76
8 Ryan Baldwin	Georgetown	8:07.03
9 Ryan Keenie	Georgetown	8:24.77
10 Sina Majdi	Oakville Trafalgar	8:41.57
11 Brent Dorin	Brebeuf	8:50.11
12 Pascal Nu-Voreau	Esc Sainte-T	8:53.66
13 Ravi Patel	Oakville Trafalgar	9:14.79
14 Trevor Nagy	Brebeuf	10:30.46
15 Ryan Gallagher	Brebeuf	10:51.76



**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 4x400 Meter Relay Open**

School	Finals	H#
1 St. Thomas More 'A'	3:40.22	1
2 Brebeuf 'A'	3:51.15	1
1) Patrick Cupido	2) Cody Versluis	
3) Justin Nash	4) Nathan Petrie	
3 Kings Christian 'A'	3:51.49	2
1) Taj Adams-Phillips	2) Emanoeil Khacho	
3) Stephen DeJong	4) James Mrkobrada	
4 Christ the King 'A'	3:54.89	1
1) Alex Daigle	2) Justin Lavictoire	
3) Andrew Whelan	4) Cam Cherwaiko	
5 Dr Frank J Hayden SS 'A'	3:57.81	2
1) Nolan Ross	2) Pranay Thakker	
3) Adama Cayenne	4) Joren Wilson	
6 Bishop Reding 'A'	4:00.18	2
1) Jalen Warren	2) Nick Spencer	
3) Alexander Nwagha	4) Bradley Pinkrah	
7 Bishop Tonnos 'A'	4:01.55	1
1) Mitch Barlow	2) Anthony Vespa	
3) Dennis Webber	4) Daniel Tibay	
8 Nelson 'A'	4:02.77	2
1) Ryan Were	2) Eric Grimminck	
3) Curtis Hull	4) Andrew McBain	
9 Notre Dame 'A'	4:03.60	1
10 Georgetown 'A'	4:11.30	2
1) Sean VanderGlas	2) Alex Costello	
3) Ryan Keenie	4) Matt Ayala	
11 M. M. Robinson 'A'	4:45.67	2
1) Ian Chambers	2) Max Legg	
3) Jason Van Winsen	4) Kyle Goodrum	

**GHAC Track & Field Meet**  
**Mohawk Sports Park**  
**May17 R& 18, 2016**  
**Results**

**Men 100 Meter Dash ID**

Name	Year School	Finals	H#
1 Kyle Fawcett	Cathedral	14.82	2
2 Bosko Glusica	St. Thomas More	15.14	1
3 Cody Atkinson	Cathedral	15.55	3
4 Ryan Sorley	Bishop Ryan	16.03	2
5 Titus Brown	Cathedral	16.30	1
6 Matthew Sadler	Bishop Ryan	16.46	1
7 Tyler Hall	Bishop Ryan	18.42	2
8 Michele Pugliese	Bishop Ryan	19.08	1
9 Macrus Agostini	St. Thomas More	19.77	2
10 Anthony Morelli	St. Thomas More	20.33	2
11 Thomas Kelly	Bishop Tonnos	21.07	1
12 Ben Houston	Bishop Ryan	21.11	3
13 Konrad Zadlo	Bishop Ryan	22.80	2
14 David Velasquez	Bishop Ryan	23.78	3
15 Marc Marcelli	St. Thomas More	24.24	1
16 Regan Larochelle	Bishop Ryan	26.54	3
17 Louis Jiju	St. Thomas More	28.37	3
18 Umit Ozkan	Bishop Ryan	28.71	2
19 Konrad Puzio	Cathedral	29.28	3
20 Aaron Dasilva	Bishop Ryan	30.20	1
21 Brian DiProspero	Bishop Tonnos	30.96	3
22 Willie Tucker	Bishop Ryan	58.08	3