

**South Regional Track and Field Schedule  
Day One**

\*\*\*\*\*Events may start up to 30 minutes earlier than posted\*\*\*\*\*

**Track Events**

**Field Events**

1:00 OPEN GIRLS 1500m Steeplechase  
OPEN BOYS 2000m Steeplechase

1:00 Midget Girls Long Jump  
Midget Boys Shot Put  
Junior Girls Triple Jump  
Junior Boys Discus  
Senior Girls High Jump  
Senior Boys Javelin

1:30 MG 80m Hurdles Semi Finals  
JG 80m Hurdles Semi Finals  
SG 100m Hurdles Semi Finals  
MB 100m Hurdles Semi Finals  
JB 100m Hurdles Semi Finals  
SB 110m Hurdles Semi Finals

2:15 MG 100m Semi Finals  
MB 100m Semi Finals  
JG 100m Semi Finals  
JB 100m Semi Finals  
SG 100m Semi Finals  
SB 100m Semi Finals

2:45 Midget Girls Shot Put  
Midget Boys Long Jump  
Junior Girls Discus  
Junior Boys Triple Jump  
Senior Girls Javelin  
Senior Boys High Jump

2:45 MG 1500m FINAL  
MB 1500m FINAL  
JG 1500m FINAL  
JB 1500m FINAL  
SG 1500m FINAL  
SB 1500m FINAL

3:45 MG 400m TIMED SECTIONS  
MB 400m TIMED SECTIONS  
JG 400m TIMED SECTIONS  
JB 400m TIMED SECTIONS  
SG 400m TIMED SECTIONS  
SB 400m TIMED SECTIONS  
OG 400m Wheelchair TIMED SECTIONS  
OB 400m Wheelchair TIMED SECTIONS

4:30 MG 80m Hurdles FINAL  
JG 80m Hurdles FINAL  
SG 100m Hurdles FINAL  
MB 100m Hurdles FINAL  
JB 100m Hurdles FINAL  
SB 110m Hurdles FINAL

5:00 OG Visually Impaired; Intellectual Disability; Ambulatory 100m FINAL  
OB Visually Impaired; Intellectual Disability; Ambulatory 100m FINAL  
MG 100m FINAL  
MB 100m FINAL  
JG 100m FINAL  
JB 100m FINAL  
SG 100m FINAL  
SB 100m FINAL

**South Regional Track and Field Schedule  
Day Two**

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**Track Events**

**Field Events**

9:30 MG 4 x 100m Relay TIMED SECTIONS  
 MB 4 x 100m RELAY TIMED SECTIONS  
 JG 4 x 100m RELAY TIMED SECTIONS  
 JB 4 x 100m RELAY TIMED SECTIONS  
 SG 4 x 100m RELAY TIMED SECTIONS  
 SB 4 x 100m RELAY TIMED SECTIONS

10:30 MG 800m TIMED SECTIONS  
 MB 800m TIMED SECTIONS  
 JG 800m TIMED SECTIONS  
 JB 800m TIMED SECTIONS  
 SG 800m TIMED SECTIONS  
 SB 800m TIMED SECTIONS  
 OG Visually Impaired; Intellectual, Ambulatory 800m  
 OB Visually Impaired; Intellectual, Ambulatory 800m

11:30 MG 200m Semi Finals  
 MB 200m Semi Finals  
 JG 200m Semi Finals  
 JB 200m Semi Finals  
 SG 200m Semi Finals  
 SB 200m Semi Finals

12:15 SG/SB 3000m FINAL

12:45 TRACK BREAK

1:15 MG 300m Hurdles TIMED SECTIONS  
 JG 300m Hurdles TIMED SECTIONS  
 SG 400m Hurdles TIMED SECTIONS  
 MB 300m Hurdles TIMED SECTIONS  
 JB 300m Hurdles TIMED SECTIONS  
 SB 400m Hurdles TIMED SECTIONS

2:00 JG/JB 3000m FINAL

2:30 SG 200m FINAL **\*\*PLEASE NOTE THE  
 SB 200m FINAL ORDER OF EVENTS\*\***  
 JG 200m FINAL  
 JB 200m FINAL  
 MG 200m FINAL  
 MB 200m FINAL  
 OG 200m Wheelchair FINAL  
 OB 200m Wheelchair FINAL

3:00 MG/MB 3000m FINAL

3:30 OPEN GIRLS 4 x 400m Relay TIMED SECTIONS  
 OPEN BOYS 4 X 400m Relay TIMED SECTIONS

9:15 Midget Girls High Jump  
 Midget Boys Javelin  
 Junior Girls Long Jump  
 Junior Boys Shot Put  
 Senior Girls Triple Jump  
 Senior Boys Discus  
 9:15 MB/JB Pole Vault

11:00 Midget Girls Javelin  
 Midget Boys High Jump  
 Junior Girls Shot Put  
 Junior Boys Long Jump  
 Senior Girls Discus  
 Senior Boys Triple Jump

11:00 Senior Boys Pole Vault

12:15 Midget Girls Triple Jump  
 Midget Boys Discus  
 Junior Girls High Jump  
 Junior Boys Javelin  
 Senior Girls Long Jump  
 Senior Boys Shot Put

1:45 Girls Pole Vault (MG/JG/SG)

2:30 Midget Girls Discus  
 Midget Boys Triple Jump  
 Junior Girls Javelin  
 Junior Boys High Jump  
 Senior Girls Shot Put  
 Senior Boys Long Jump